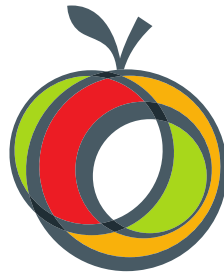


**2019/2020 Lucas County  
Community Health Assessment  
Community Release  
December 8, 2020**

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**HEALTHY  
LUCAS COUNTY**

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**Youth Data  
Presented by Emily Gensler, MPH  
Hospital Council of Northwest Ohio**





**HEALTHY**  
LUCAS COUNTY

# Youth Health

Youth Weight Status  
Youth Tobacco Use  
Youth Alcohol Consumption  
Youth Drug Use  
Youth Perceptions of Substance Use  
Youth Sexual Behavior  
Youth Mental Health  
Youth Social Determinants of Health  
Youth Violence



# Youth Weight Status

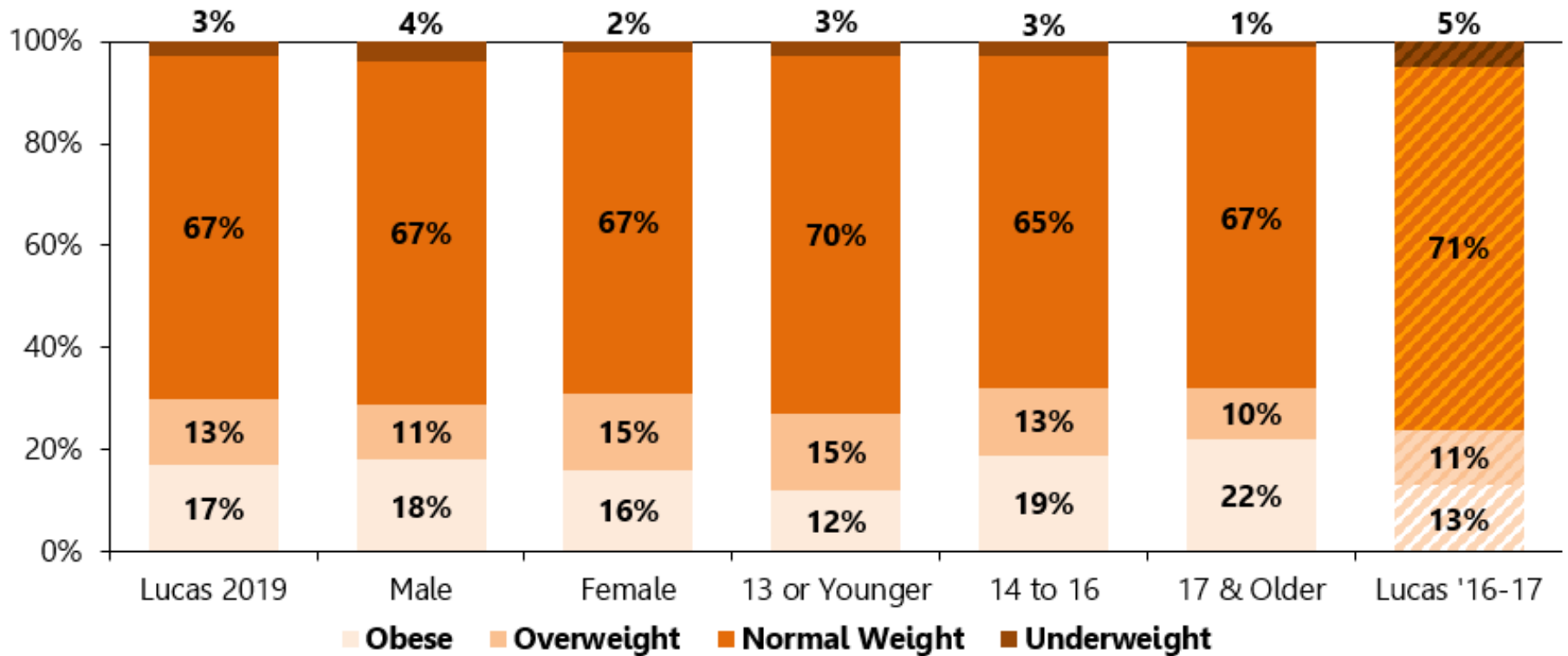
- 17% of youth were classified as obese by BMI
- 29% described themselves as being slightly or very overweight
- Lucas County youth did the following to lose weight or keep from gaining weight in the past month:
  - Exercised (36%)
  - Drank more water (35%)
  - Ate more fruits (29%)
  - Ate less food, fewer calories, or foods lower in fat (26%)
  - Ate more vegetables (23%)
  - Skipped meals (17%)
  - Went without eating for 24 hours or more (6%)
  - Etc.

# Youth Weight Status

- 27% of youth ate 5 or more servings of fruits and vegetables per day
  - 34% ate 3 to 4 servings per day
  - 33% ate 1 to 2 servings per day
  - 6% ate 0 servings per day
- 61% of youth had participated in at least 60 minutes of physical activity on three or more days in the past week
  - 21% of youth reported every day in the past week
- 18% of youth did not participate in at least 60 minutes of physical activity on any day in the past week

# Youth Weight Status

Lucas County 6th-12th Grade Youth BMI Classifications



# Youth Weight Status

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Obese</b>	17%	15%	13%	15%	19%	17%	16%
<b>Overweight</b>	13%	11%	11%	12%	12%	12%	16%
<b>Described themselves as slightly or very overweight</b>	29%	25%	25%	30%	33%	N/A	32%
<b>Exercised to lose weight</b> (in the past month)	36%	43%	48%	42%	36%	N/A	N/A
<b>Ate less food, fewer calories, or foods lower in fat to lose weight</b> (in the past month)	26%	28%	31%	26%	30%	N/A	N/A
<b>Went without eating for 24 hours or more</b> (in the past month)	6%	7%	6%	4%	6%	N/A	N/A
<b>Took diet pills, powders, or liquids without a doctor's advice</b> (in the past month)	2%	3%	2%	1%	2%	N/A	N/A
<b>Vomited or took laxatives</b> (in the past month)	2%	3%	3%	1%	3%	N/A	N/A

N/A – Not Available

# Youth Weight Status

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Ate one to four servings of fruits and vegetables per day</b>	67%	82%	81%	87%	70%	N/A	N/A
<b>Physically active at least 60 minutes per day on every day in past week</b>	21%	28%	28%	23%	20%	23%	23%
<b>Physically active at least 60 minutes per day on five or more days in past week</b>	40%	43%	50%	44%	40%	43%	44%
<b>Did not participate in at least 60 minutes of physical activity on any day in the past week</b>	18%	15%	15%	14%	18%	21%	17%
<b>Watched three or more hours per day of television (on an average school day)</b>	20%	40%	34%	18%	18%	N/A	20%

*N/A – Not Available*

# Youth Weight Status - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Weight Control</b>								
<b>Obese</b>	17%	19%	19%	17%	20%	18%	21%	19%
<b>Overweight</b>	10%	14%	21%	13%	11%	13%	19%	12%
<b>Described themselves as slightly or very overweight</b>	30%	27%	39%	29%	37%	25%	40%	33%
<b>Exercised to lose weight</b> (in the past month)	38%	32%	31%	36%	37%	31%	34%	36%
<b>Ate less food, fewer calories, or foods lower in fat to lose weight</b> (in the past month)	30%	19%	42%	26%	36%	21%	39%	30%
<b>Went without eating for 24 hours or more</b> (in the past month)	6%	6%	8%	6%	6%	7%	2%	6%
<b>Took diet pills, powders, or liquids without a doctor's advice</b> (in the past month)	1%	2%	3%	2%	1%	3%	2%	2%
<b>Vomited or took laxatives</b> (in the past month)	2%	3%	3%	2%	3%	2%	4%	3%
<b>Ate one to four servings of fruits and vegetables per day</b>	69%	63%	69%	67%	72%	67%	72%	87%
<b>Physically active at least 60 minutes per day on every day in past week</b>	24%	18%	21%	21%	19%	22%	14%	20%
<b>Physically active at least 60 minutes per day on five or more days in past week</b>	44%	36%	35%	40%	41%	39%	33%	40%
<b>Did not participate in at least 60 minutes of physical activity on any day in the past week</b>	17%	22%	17%	18%	15%	23%	18%	18%
<b>Watched three or more hours per day of television</b> (on an average school day)	16%	26%	25%	20%	16%	22%	19%	18%





# Youth Tobacco Use

- 3% of youth were current smokers
  - Increasing 9% to those ages 17 and older
- 5% of youth had tried cigarette smoking before the age of 13
- The average age of onset for smoking was 12.6 years old
- Youth used the following forms of tobacco in the past year:
  - E-cigarettes/vapes (12%)
  - Swishers (5%)
  - Black and Mild (4%)
  - Cigarettes (2%)
  - Hookah (2%)
  - Cigarillos (1%)
  - Cigars (1%)
  - Chewing tobacco, snuff, or dip (1%)
  - Pouch (Snus) (1%)
  - Little cigars (<1%)

# Youth Tobacco Use

- Of youth that had used e-cigarettes/vapes in the past year, they reported putting the following in them:
  - E-liquid or e-juice with nicotine (56%)
  - E-liquid or e-juice without nicotine (41%)
  - Marijuana or THC in the e-liquid (38%)
- 41% of youth thought there was a great risk in harming themselves physically or in other ways if they used electronic vapor products
  - 13% of youth thought there was no risk in using electronic vapor products

# Youth Tobacco Use

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Currently smoked cigarettes</b> (on at least one day during the past month)	3%	18%	9%	5%	4%	5%	6%
<b>First tried cigarette smoking before the age of 13</b> (even one or two puffs)	5%	6%	5%	4%	4%	N/A	7%**
<b>Tried to quit using all tobacco products</b> (during the past year)	47%	46%*	40%*	34%*	31%	N/A	48%
<b>Currently frequently smoked cigarettes</b> (on 20 or more days during the past month)	1%	N/A	N/A	2%	1%	1%	1%

\*Tried to quit smoking only cigarettes

N/A-Not Available

\*\*2018 U.S. YRBSS Data

# Youth Tobacco Use - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Tobacco Use</b>								
<b>Currently smoked cigarettes</b> (on at least one day during the past month)	2%	2%	3%	3%	4%	2%	6%	4%
<b>Smoked a whole cigarette before the age of 13</b> (for the first time of all youth)	3%	8%	6%	5%	3%	6%	5%	4%
<b>Tried to quit smoking</b> (of youth who smoked in the past year)	52%	31%	59%	47%	52%	31%	53%	31%

# Youth Alcohol Consumption

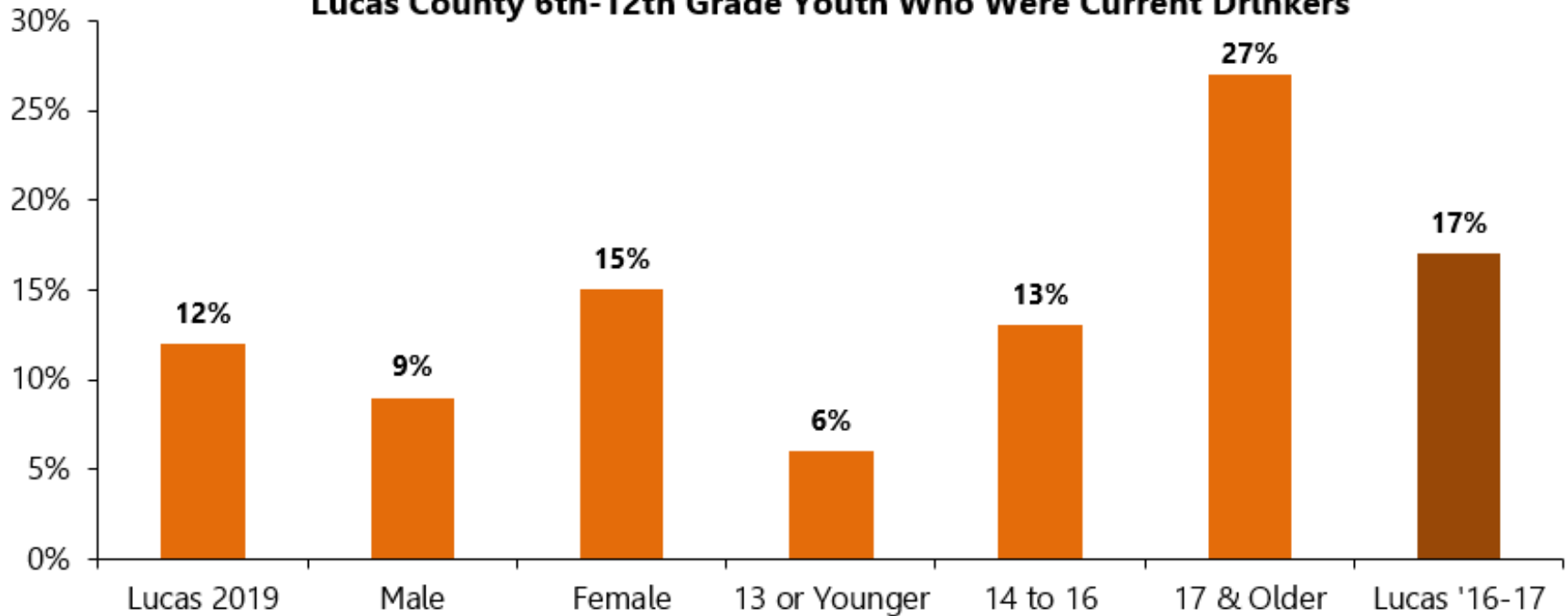
- 12% of youth had at least one drink in the past 30 days (current drinker)
- 12% of all youth had drunk alcohol for the first time before the age of 13
- The average age of onset was 13.1 years old
- Based on all youth, 7% were binge drinkers
  - 57% of those who drank had an episode of binge drinking in the past month
- 4% of youth drivers had driven a car in the past month after they had been drinking alcohol

# Youth Alcohol Consumption

- Current drinkers got their alcohol from the following:
  - Someone gave it to them (34%)
  - An older friend or sibling bought it (23%)
  - A parent gave it to them (18%)
  - Someone older bought it (16%)
  - Took it from a store or family member (11%)
  - A friend's parent gave it to them (6%)
  - Bought it in a liquor store/convenience store/gas station (4%)
  - Bought it with a fake ID (2%)
  - Obtained it some other way (24%)

# Youth Alcohol Consumption

Lucas County 6th-12th Grade Youth Who Were Current Drinkers



# Youth Alcohol Consumption

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Current drinker</b> (at least one drink of alcohol on at least one day during the past month)	12%	39%	28%	27%	19%	26%	29%
<b>Binge drinker</b> (drank five or more drinks within a couple of hours on at least one day during the past month)	7%	23%	21%	13%	12%	13%	14%
<b>Obtained the alcohol they drank by someone giving it to them</b> (of youth drinkers)	34%	21%	14%	N/A	31%	N/A	41%
<b>Rode with a driver who had been drinking alcohol</b> (in a car or other vehicle on one or more occasion during the past month)	14%	25%	21%	19%	14%	N/A	17%
<b>Drove when they had been drinking alcohol</b> (of youth drivers on one or more occasion during the past month)	4%	9%	5%	6%	4%	N/A	5%
<b>Drank for the first time before age 13</b> (of all youth)	12%	18%	12%	8%	8%	16%	15%

N/A – Not Available



# Youth Alcohol Consumption - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Alcohol Consumption</b>								
<b>Current drinker</b> (at least one drink of alcohol on at least one day during the past month)	12%	16%	11%	12%	21%	20%	15%	19%
<b>Binge drinker</b> (drank five or more drinks within a couple of hours on at least one day during the past month)	7%	8%	7%	7%	13%	11%	7%	12%
<b>Rode with a driver who had been drinking alcohol</b> (in a car or other vehicle on one or more occasion during the past month)	14%	15%	15%	14%	13%	14%	17%	14%
<b>Drove when they had been drinking alcohol</b> (of youth drivers on one or more occasion during the past month)	2%	4%	10%	4%	3%	5%	9%	4%
<b>Drank for the first time before age 13</b> (of all youth)	10%	12%	19%	12%	9%	9%	9%	8%

# Youth Drug Use

- 12% of youth had used marijuana in the past month
- 6% of youth had tried marijuana before the age of 13
- Youth who misused prescription medications got them in the following ways:
  - A parent gave it to them (62%)
  - A friend gave it to them (23%)
  - Bought it from someone else (12%)
  - Another family member gave it to them (12%)
  - Bought it from a friend (11%)
  - Took it from a friend/family member (8%)
  - Etc.

# Youth Drug Use

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Currently used marijuana</b> (in the past month)	12%	26%	19%	18%	16%	16%	22%
<b>Ever used cocaine</b> (in their lifetime)	<1%	4%	3%	2%	<1%	4%	4%
<b>Ever used heroin</b> (in their lifetime)	0%	2%	1%	1%	0%	2%	2%
<b>Ever used methamphetamines</b> (in their lifetime)	0%	3%	2%	1%	0%	N/A	2%
<b>Ever took steroids without a doctor's prescription</b> (in their lifetime)	1%	4%	4%	1%	1%	N/A	2%
<b>Ever used inhalants</b> (in their lifetime)	2%	9%	5%	3%	2%	8%	6%
<b>Ever used ecstasy</b> (also called MDMA in their lifetime)	1%	N/A	3%	2%	1%	N/A	4%

*N/A-Not Available*

# Youth Drug Use - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Drug Use</b>								
<b>Currently used marijuana</b> (in the past 30 days)	9%	12%	16%	12%	16%	15%	17%	16%
<b>Ever used cocaine</b> (in their lifetime)	1%	0%	1%	<1%	1%	0%	1%	<1%
<b>Ever used heroin</b> (in their lifetime)	0%	0%	0%	0%	0%	0%	0%	0%
<b>Ever used methamphetamines</b> (in their lifetime)	0%	0%	0%	0%	0%	0%	0%	0%
<b>Ever took steroids without a doctor's prescription</b> (in their lifetime)	1%	1%	1%	1%	1%	1%	2%	1%
<b>Ever used inhalants</b> (in their lifetime)	2%	1%	1%	2%	2%	1%	0%	2%
<b>Ever used ecstasy</b> (also called MDMA in their lifetime)	0%	2%	3%	1%	0%	2%	4%	1%

N/A - Not Available

# Youth Perceptions

## Lucas County Youth Perceived Risk of Use

Do you believe people risk harming themselves if they:	Total	Male	Female	13 and younger	14-16 years old	17 and older
Smoke cigarettes	68%	66%	70%	70%	69%	63%
Use e-cigarettes/vapes	62%	59%	64%	66%	59%	59%
Drink alcohol	68%	63%	72%	67%	69%	69%
Use marijuana	55%	51%	59%	67%	51%	38%
Misuse prescription drugs	74%	67%	79%	74%	75%	74%

## Lucas County Youth Perceived Disapproval by Parents

Parent would disapprove for you to do the following:	Total	Male	Female	13 and younger	14-16 years old	17 and older
Smoke cigarettes	78%	72%	84%	81%	78%	75%
Use e-cigarettes/vapes	75%	70%	79%	78%	74%	69%
Drink alcohol	72%	66%	77%	77%	71%	60%
Use marijuana	74%	69%	78%	81%	72%	62%
Misuse prescription drugs	79%	73%	83%	81%	78%	77%

# Youth Perceptions

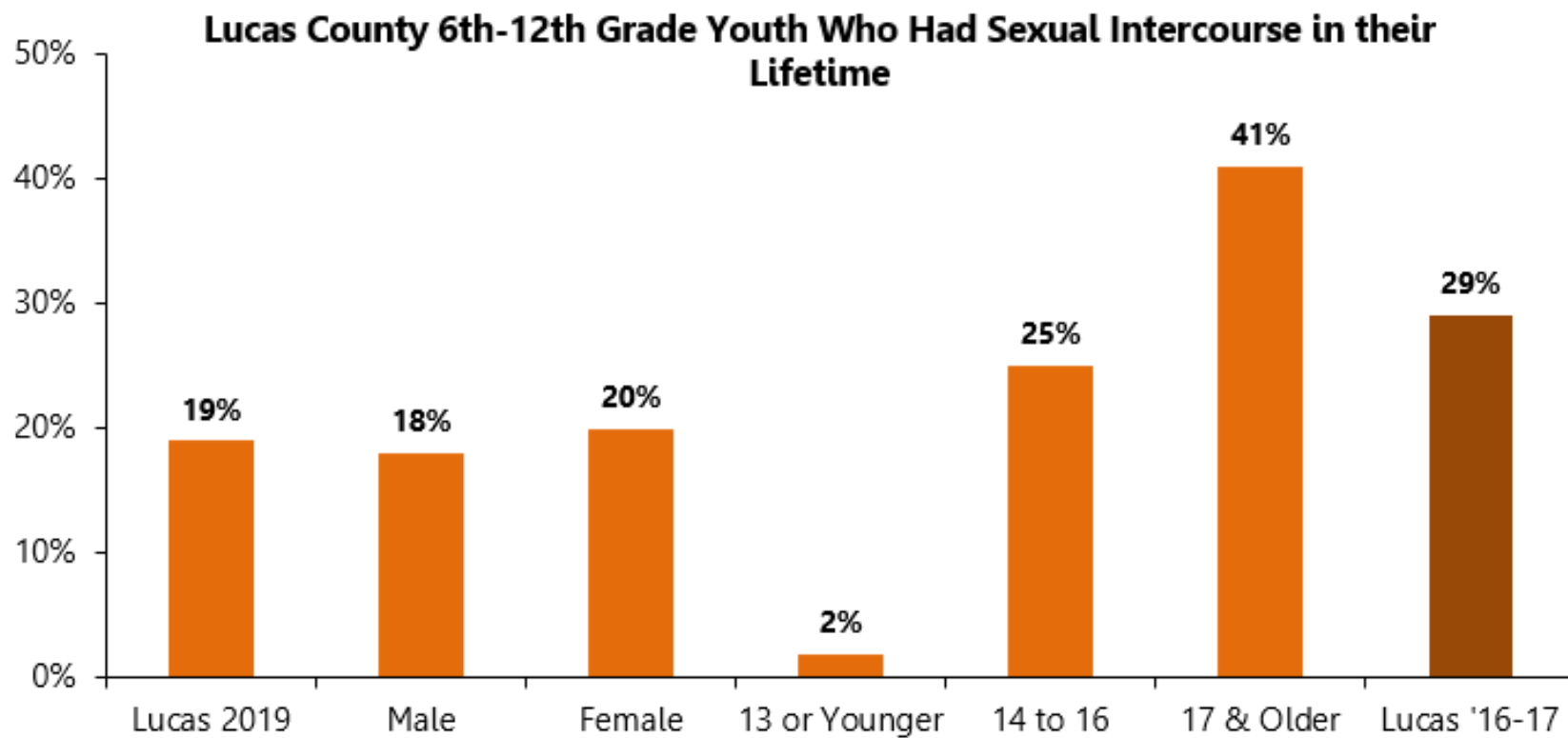
Lucas County Youth Perceived Disapproval by Peers

Friend would disapprove for you to do the following:	Total	Male	Female	13 and younger	14-16 years old	17 and older
Smoke cigarettes	69%	63%	73%	73%	68%	62%
Use e-cigarettes/vapes	53%	48%	56%	64%	50%	33%
Drink alcohol	48%	47%	49%	63%	44%	24%
Use marijuana	49%	47%	51%	64%	43%	32%
Misuse prescription drugs	68%	62%	72%	73%	66%	60%

# Youth Sexual Behavior

- 19% of Lucas County youth had sexual intercourse in their lifetime
- 18% of all sexually active youth had 4 or more partners
- The average age of onset was 14.6 years old
- Of those youth who were sexually active, 22% had engaged in intercourse by the age of 13
  - Another 51% had done so by 15 years of age

# Youth Sexual Behavior





# Youth Sexual Behavior

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Ever had sexual intercourse</b>	19%	63%	53%	42%	32%	38%	38%
<b>Participated in anal sex</b>	3%	16%	6%	8%	5%	N/A	N/A
<b>Participated in oral sex</b>	17%	46%	44%	35%	30%	N/A	N/A
<b>Participated in sexting</b>	20%	40%	34%	37%	31%	N/A	N/A
<b>Had viewed pornography</b>	23%	N/A	37%	42%	31%	N/A	N/A
<b>Used a condom</b> (during last sexual intercourse)	31%	75%	68%	58%	24%	45%	54%
<b>Used birth control pills</b> (during last sexual intercourse)	10%	20%	26%	15%	9%	32%	23%
<b>Used an IUD</b> (during last sexual intercourse)	8%	8%	7%	1%	7%	5%	5%
<b>Used a shot, patch or birth control ring</b> (during last sexual intercourse)	5%	8%	7%	3%	5%	N/A	N/A
<b>Did not use any method to prevent pregnancy during last sexual intercourse</b>	6%	7%	10%	13%	5%	12%	12%
<b>Had sexual intercourse with four or more persons</b> (of all youth during their life)	4%	27%	21%	15%	8%	8%	9%
<b>Had sexual intercourse before the age 13</b> (for the first time of all youth)	2%	12%	10%	7%	2%	3%	3%

N/A – Not Available



# Youth Sexual Behavior - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Sexual Behavior</b>								
<b>Ever had sexual intercourse</b>	19%	19%	21%	19%	38%	27%	34%	32%
<b>Participated in anal sex</b>	3%	1%	8%	3%	5%	2%	10%	5%
<b>Participated in oral sex</b>	18%	16%	23%	17%	33%	23%	40%	30%
<b>Participated in sexting</b>	21%	19%	22%	20%	35%	26%	37%	31%
<b>Had viewed pornography</b>	26%	18%	28%	23%	38%	20%	41%	31%
<b>Used a condom</b> (during last sexual intercourse)	32%	22%	16%	31%	37%	24%	56%	24%
<b>Used birth control pills</b> (during last sexual intercourse)	21%	5%	2%	10%	27%	6%	3%	9%
<b>Used an IUD</b> (during last sexual intercourse)	8%	7%	3%	8%	10%	9%	6%	7%
<b>Used a shot, patch, or birth control ring</b> (during last sexual intercourse)	5%	8%	0%	5%	7%	6%	0%	5%
<b>Did not use any method to prevent pregnancy during last sexual intercourse</b>	3%	7%	5%	6%	3%	9%	14%	5%
<b>Had sexual intercourse with four or more persons</b> (of all youth during their life)	4%	4%	5%	18%	8%	7%	10%	18%
<b>Had sexual intercourse before the age 13</b> (for the first time of all youth)	0%	4%	5%	2%	0%	3%	4%	2%



# Youth Mental Health

- 38% of youth reported feeling sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing usual activities
  - Increasing to 47% of females
- Lucas County youth reported the following caused them anxiety, stress or depression:
  - Academic success (41%)
  - Dating relationship (20%)
  - Death of close family member/friend (33%)
  - Being bullied (16%)
  - Fighting with friends (30%)
  - Social media (14%)
  - Self-image (29%)
  - Poverty/no money (14%)
  - Other stress in home (28%)
  - Parent divorce/separation (11%)
  - Fighting at home (24%)
  - Sick parent (10%)
  - Sports (23%)
  - Etc.
  - Peer pressure (20%)
  - Breakup (20%)

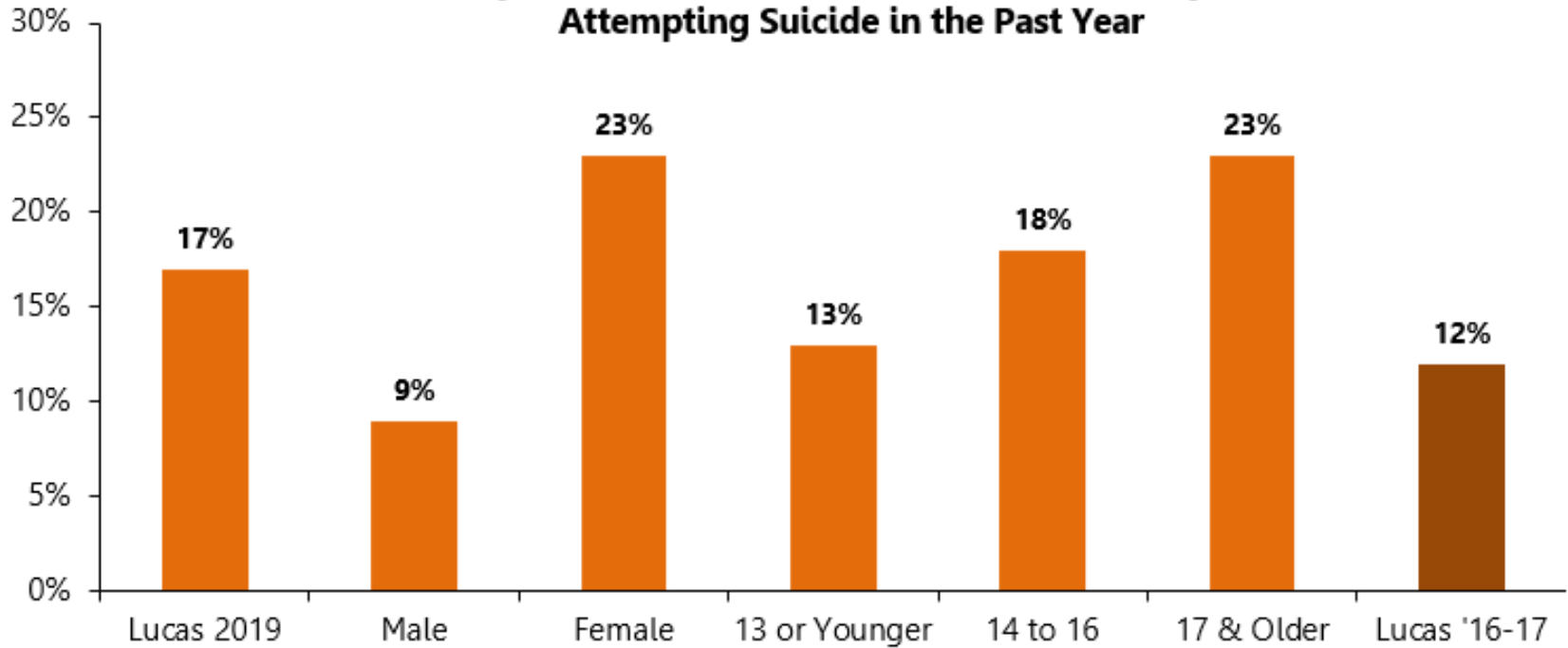
# Youth Mental Health

- Youth reported the following adverse childhood experiences (ACEs)
  - Parents became separated or were divorced (30%)
  - Parents or adults in home swore at them, insulted them, or put them down (23%)
  - Family did not look out for each other, feel close to each other, or support each other (19%)
  - Parents were not married (17%)
  - Lived with someone who was depressed, mentally ill or suicidal (17%)
  - Lived with someone who was a problem drinker or alcoholic (15%)
  - Lived with someone who served time or was sentenced to serve in prison or jail (14%)
  - Lived with someone who used illegal drugs or misused prescription drugs (9%)
  - Etc.
- 25% of youth experienced three or more ACEs

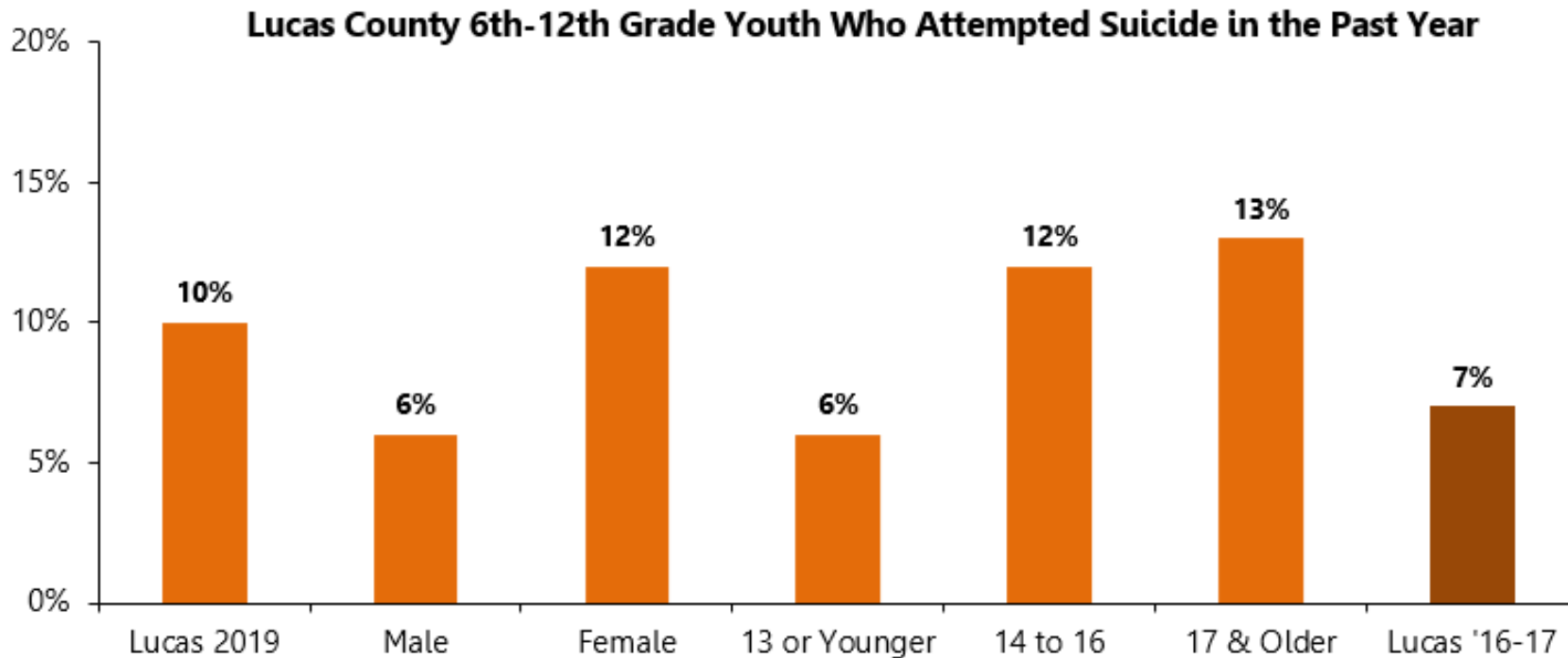


# Youth Mental Health

Lucas County 6th-12th Grade Youth Who Had Seriously Considered Attempting Suicide in the Past Year



# Youth Mental Health



# Youth Mental Health

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Seriously considered attempting suicide</b> (in the past year)	17%	16%	18%	14%	19%	16%	19%
<b>Attempted suicide</b> (in past year)	10%	4%	8%	8%	11%	7%	9%
<b>Felt sad or hopeless</b> (almost every day for two or more weeks in a row so that they stopped doing some usual activities in the past 12 months)	38%	24%	29%	29%	45%	33%	37%

# Youth Mental Health - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Mental Health</b>								
<b>Seriously considered attempting suicide</b> (in the past year)	13%	18%	27%	17%	17%	21%	21%	19%
<b>Attempted suicide</b> (in past year)	6%	9%	17%	10%	10%	10%	16%	11%
<b>Felt sad or hopeless</b> (almost every day for two or more weeks in a row so that they stopped doing some usual activities in the past 12 months)	33%	40%	46%	38%	43%	49%	38%	45%



# Youth Social Determinants of Health

- In the past year, youth felt emotionally upset based on how they were treated due to their:
  - Skin color (7%)
  - Sexual orientation (5%)
  - Ethnicity (4%)
  - Gender identity (4%)
  - Culture (3%)
  - Religion (2%)
  - Disability (2%)

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Visited a dentist within the past year</b> (for a check-up, exam, teeth cleaning, or other dental work)	70%	79%	77%	76%	68%	78%	76%
<b>Diagnosed with asthma</b>	21%	N/A	N/A	24%	24%	24%	22%

N/A – Not Available



# Youth Social Determinants of Health

- During the past year, youth reported an adult discussed the following topics with them:
  - Goals for their future (73%)
  - Respecting themselves (50%)
  - Dating and healthy relationships (48%)
  - Healthy ways to deal with stress and depression (44%)
  - Condoms/safer sex/STD prevention (30%)
  - Etc.
- 10% of youth reported gambling in their lifetime. Youth gamblers experienced the following:
  - Gambled with larger amounts of money to get the same excitement (15%)
  - Gambled while drunk or high (11%)
  - Lied to a family member or others to hide their gambling (8%)
  - Someone expressed concern (6%)

# Youth Violence

- 33% of youth had been bullied in the past year. The following types of bullying were reported:
  - 23% were **verbally** bullied (teased, taunted or called harmful names)
  - 19% were **indirectly** bullied (spread mean rumors about them or kept them out of a “group”)
  - 9% were **cyber** bullied (teased, taunted or threatened by e-mail or cell phone)
  - 7% were **physically** bullied (were hit, kicked, punched or people took their belongings)
  - 2% were **sexually** bullied (used nude or semi-nude pictures to pressure someone to have sex that did not want to, blackmail, intimidate, or exploit another person)

# Youth Violence

Youth Comparisons	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2011 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2013/14 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2016/17 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Ohio 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	U.S. 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Were in a physical fight</b> (in past year)	30%	28%	25%	23%	26%	19%	22%
<b>Carried a weapon on school property</b> (in the past month)	2%	N/A	9%	N/A	2%	N/A	3%
<b>Threatened or injured with a weapon on school property</b> (in past year)	8%	N/A	7%	7%	8%	N/A	7%
<b>Did not go to school because they felt unsafe</b> (at school or on their way to or from school in the past 30 days)	11%	6%	6%	4%	17%	N/A	9%
<b>Electronically bullied</b> (in past year)	9%	15%	12%	12%	11%	13%	16%
<b>Bullied</b> (in past year)	33%	43%	38%	35%	33%	N/A	N/A
<b>Bullied on school property</b> (in past year)	20%	N/A	22%	17%	17%	14%	20%
<b>Ever purposefully hurt themselves</b>	35%	23%	10%	N/A	31%	N/A	N/A

N/A – Not Available

# Youth Violence - Minority

Youth Variables	Lucas County White 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (6 <sup>th</sup> -12 <sup>th</sup> )	Lucas County White 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County African Americans 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County Latinos 2019 (9 <sup>th</sup> -12 <sup>th</sup> )	Lucas County 2019 (9 <sup>th</sup> -12 <sup>th</sup> )
<b>Unintentional Injuries and Violence</b>								
<b>Were in a physical fight</b> (in past year)	24%	36%	39%	30%	21%	33%	30%	26%
<b>Carried a weapon on school property</b> (in the past month)	1%	3%	1%	2%	1%	5%	0%	2%
<b>Threatened or injured with a weapon on school property</b> (in past year)	6%	8%	13%	8%	7%	8%	6%	8%
<b>Did not go to school because they felt unsafe</b> (at school or on their way to or from school in the past 30 days)*	10%	10%	15%	11%	13%	16%	23%	17%
<b>Electronically bullied</b> (in past year)	9%	6%	13%	9%	12%	7%	12%	11%
<b>Bullied</b> (in past year)	35%	29%	37%	33%	33%	32%	29%	33%
<b>Bullied on school property</b> (in past year)	23%	13%	24%	20%	20%	11%	19%	17%
<b>Ever purposefully hurt themselves</b>	31%	35%	37%	35%	30%	31%	46%	N/A

N/A - Not Available



**HEALTHY**  
LUCAS COUNTY

# Questions?

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# Participant Feedback

<https://www.surveymonkey.com/r/lucasfeedback>

2019/2020 Lucas County Community Health Assessment - Participant Feedback

1. Based on the data, what are the top issues Lucas County needs to focus on?

2. What surprised you the most?



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**Be Healthy, Lucas County!**