

**2019/2020 Lucas County  
Community Health Assessment  
Community Release  
December 8, 2020**

---



**HEALTHY  
LUCAS COUNTY**

---

**Child Data  
Presented by Emily Gensler, MPH  
Hospital Council of Northwest Ohio**





**HEALTHY**  
LUCAS COUNTY

# Child Health

Health & Functional Status

Child Health Care Access

Early Childhood (Ages 0-5)

Middle Childhood (Ages 6-11)

Family & Community Characteristics

Parent Health



# Health and Functional Status

- 16% of children were classified as obese and 9% were classified as overweight by BMI
- 30% of Lucas County children ate 5 or more servings of fruits and vegetables per day
  - 47% ate 3 to 4 servings per day
  - 22% ate 1 to 2 servings per day
  - 1% ate 0 servings per day
- Lucas County children spent their time doing the following on an average day of the week:
  - 1.7 hours watching TV
  - 1.4 hours reading
  - 0.8 hours playing video games
  - 0.6 hours on a cell phone
  - 0.6 hours on a PC/tablet



# Health and Functional Status

- A doctor, health professional, or health educator told Lucas County parents their 0-11 year old child had the following conditions:
  - ADD/ADHD (14%)
  - Speech and language delays (14%)
  - Anxiety problems (11%)
  - Asthma (10%)
  - Behavioral/conduct problem (7%)
  - Depression (5%)
  - Learning disability (5%)
  - Etc.
- 38% of children ages 0-11 years old had at least 1 condition

# Health and Functional Status

- 7% of parents reported their 0-11 year old had an episode of asthma or had an asthma attack in the past year
  - Increasing to 12% of those with incomes less than \$25,000
- 41% of parents reported their child had been tested for lead poisoning and the results were within normal limits
  - <1% reported the levels were elevated and medical follow-up was needed
  - 46% had not had their child tested for lead poisoning
- 14% of parents did not know if their child had been tested for lead

# Health and Functional Status

Child 0-5 Comparisons	Lucas County 2014 Ages 0-5	Lucas County 2017 Ages 0-5	Lucas County 2020 Ages 0-5	Ohio 2017/18 Ages 0-5	U.S. 2017/18 Ages 0-5
Rated health as excellent or very good	91%	98%	99%	92%	93%
Dental care visit (in past year)	64%	61%	64%	52%**	62%**
Diagnosed with asthma	11%	5%	4%	4%	6%
Diagnosed with ADHD/ADD	1%	0%	1%	1%*	2%*
Diagnosed with behavioral or conduct problems	3%	0%	4%	3%*	5%*
Diagnosed with depression	1%	0%	4%	0%*	<1%*
Diagnosed with epilepsy	0%	0%	0%	N/A	1%
Diagnosed with a head injury	1%	0%	0%	N/A	N/A
Diagnosed with anxiety problems	2%	0%	3%	1%*	2%*
Diagnosed with developmental delay	N/A	3%	0%	10%*	8%*
Diagnosed with learning disability	3%	0%	0%	1%*	2%*
Diagnosed with speech or language disorder	15%	10%	10%	6%*	11%*
Two or more health conditions	N/A	N/A	6%	5%	7%

N/A – Not available

\*\*Ages 1-5

\*Ages 3-5



# Health and Functional Status

Child 6-11 Comparisons	Lucas County 2014 Ages 6-11	Lucas County 2017 Ages 6-11	Lucas County 2020 Ages 6-11	Ohio 2017/18 Ages 6-11	U.S. 2017/18 Ages 6-11
<b>Rated health as excellent or very good</b>	86%	97%	95%	89%	90%
<b>Dental care visit</b> (in past year)	91%	94%	92%	93%	92%
<b>Diagnosed with asthma</b>	17%	15%	14%	13%	13%
<b>Diagnosed with ADHD/ADD</b>	14%	12%	22%	14%	10%
<b>Diagnosed with behavioral or conduct problems</b>	5%	9%	9%	13%	10%
<b>Diagnosed with depression</b>	2%	2%	6%	1%	2%
<b>Diagnosed with epilepsy</b>	2%	1%	1%	N/A	1%
<b>Diagnosed with a head injury</b>	2%	1%	0%	N/A	N/A
<b>Diagnosed with anxiety problems</b>	6%	10%	15%	9%	9%
<b>Diagnosed with developmental delay</b>	N/A	10%	0%	8%	8%
<b>Diagnosed with learning disability</b>	5%	6%	8%	11%	9%
<b>Diagnosed with speech or language disorder</b>	9%	11%	16%	10%	10%
<b>Two or more health conditions</b>	N/A	N/A	22%	23%	21%

N/A – Not Available



# Child Health Care Access

- 1% of parents reported their child did not currently have health insurance
- 84% of parents reported they had one or more people they think of their child's personal doctor or nurse
- 11% of parents reported the following prevented their child from getting all of the medical care they needed in the past year:
  - Costs too much (31%)
  - Treatment is ongoing (16%)
  - Too long of a wait for an appointment (13%)
  - No convenient times/could not get appointment (13%)
  - No insurance (13%)
  - Dissatisfaction with doctor (6%)



# Child Health Care Access

- 56% of Lucas County children ages 0-11 years old had received the flu vaccine in the past year
- Children did not get all their recommended vaccinations for the following reasons:
  - Child had received some, but not all recommended vaccinations (3%)
  - Parents chose not to vaccinate their child (1%)
  - Fear of negative effects (1%)
  - Alternate vaccination schedule used (1%)
  - Not sure which are recommended (1%)
  - Religious or cultural beliefs (1%)
  - Etc.

# Child Health Care Access

Child 0-5 Comparisons	Lucas County 2014 Ages 0-5	Lucas County 2017 Ages 0-5	Lucas County 2020 Ages 0-5	Ohio 2017/18 Ages 0-5	U.S. 2017/18 Ages 0-5
<b>Had public insurance</b>	28%	28%	17%	32%	33%
<b>Been to doctor for preventive care</b> (in the past year)	95%	96%	100%	92%*	89%*
<b>Received all the medical care they needed</b>	93%	99%	94%	N/A	N/A
<b>Had a personal doctor or nurse</b>	56%	88%	84%	72%	72%
<b>Family had problems paying for child's medical or health care bills</b> (in past year)	N/A	N/A	15%	7%	9%

\*2016/17 NSCH data

N/A – Not Available

Child 6-11 Comparisons	Lucas County 2014 Ages 6-11	Lucas County 2017 Ages 6-11	Lucas County 2020 Ages 6-11	Ohio 2017/18 Ages 6-11	U.S. 2017/18 Ages 6-11
<b>Had public insurance</b>	22%	26%	20%	25%	32%
<b>Been to doctor for preventive care</b> (in the past year)	88%	92%	93%	81%*	80%*
<b>Received all the medical care they needed</b>	94%	96%	86%	N/A	N/A
<b>Had a personal doctor or nurse</b>	58%	85%	84%	77%	72%
<b>Family had problems paying for child's medical or health care bills</b> (in past year)	N/A	N/A	10%	10%	11%

\*2016/17 NSCH data

N/A – Not Available



# Early Childhood (Ages 0-5)

- Parents reported the following ways they put their child to sleep as an infant:
  - 90% said on their back
  - 5% said on their stomach
  - 3% said on their side
- Mothers breastfed their child for the following lengths of time:
  - More than 12 months (18%)
  - 10 to 12 months (14%)
  - 7 to 9 months (8%)
  - 4 to 6 months (15%)
  - Less than 3 months (24%)
  - Still breastfeeding (6%)
  - Never breastfed (16%)

# Early Childhood (Ages 0-5)

- During their last pregnancy, 94% of mothers received prenatal care within the first 3 months
- 93% of mothers attended their post-partum checkup within three to eight weeks after delivery
- 33% of mothers had children less than 27 months apart

Child 0-5 Comparisons	Lucas County 2014 Ages 0-5 Years	Lucas County 2017 Ages 0-5 Years	Lucas County 2020 Ages 0-5 Years	Ohio 2017/18 Ages 0-5 Years	U.S. 2017/18 Ages 0-5 Years
<b>Never breastfed their child</b>	29%	22%	16%	20%	20%
<b>Child put to bed on their back</b>	68%	81%	90%	N/A	N/A

*N/A - Not Available*

# Middle Childhood (Ages 6-11)

- 77% of parents reported their child was physically active for at least 60 minutes on 3 or more days per week
  - 3% reported no physical activity
- Parents reported their child read outside of school at the following frequencies:
  - Almost never, child cannot read (1%)
  - Almost never, child has no interest (5%)
  - A few times a year (3%)
  - A few times a month (10%)
  - A few times a week (22%)
  - Almost every day (59%)

# Middle Childhood (Ages 6-11)

- 27% of parents reported their child had a social media or other virtual network account. Of those who had an account, they reported the following:
  - They had their child’s password (78%)
  - They knew all of the people in their child’s “my friends” (71%)
  - Their child’s account was checked private (57%)
  - Their child had a problem as a result of their account (4%)

Child 6-11 Comparisons	Lucas County 2014 Ages 6-11 Years	Lucas County 2017 Ages 6-11 Years	Lucas County 2020 Ages 6-11 Years	Ohio 2017/18 Ages 6-11 Years	U.S. 2017/18 Ages 6-11 Years
<b>Child participated in one or more activities</b>	N/A	N/A	92%	78%	78%

*N/A – Not Available*

# Family & Community Characteristics

- 5% of parents reported their child went to bed hungry at least one day per week because their family did not have enough money for food
  - Increasing to 12% of those with incomes less than \$25,000
- 6% of parents, increasing to 15% of those with incomes less than \$25,000, reported that they or someone in their family had to quit a job, not take a job, or greatly change their job because problems concerning child care for their child

# Family & Community Characteristics

- Parents reported their child experienced the following adverse childhood experiences (ACEs) in their lifetime:
  - Their parents became separated or were divorced (11%)
  - Lived with someone who was mentally ill, or suicidal, or severely depressed for more than a couple of weeks (6%)
  - Lived with someone who had a problem with alcohol or drugs (5%)
  - Lived with a parent/guardian who served time or was sentenced to serve time in prison or jail (3%)
  - Seen or heard any parents or adults in their home hit, beat, kicked, or physically hurt each other (3%)
- 7% of children experienced 2 or more ACEs in their lifetime



# Family & Community Characteristics

- 30% of parents reported they had a firearm in or around their home
  - No parent (0%) reported they were unlocked and loaded
- Lucas County parents reported that someone in the household used the following around their children:
  - Cigarettes (7%)
  - E-cigarettes/vapes (4%)
  - Cigars (1%)
  - Other tobacco products (3%)

# Family & Community Characteristics

Child 0-5 Comparisons	Lucas County 2014 Ages 0-5 Years	Lucas County 2017 Ages 0-5 Years	Lucas County 2020 Ages 0-5 Years	Ohio 2017/18 Ages 0-5 Years	U.S. 2017/18 Ages 0-5 Years
Family ate a meal together every day of the week	50%	35%	51%	57%	54%
Neighborhood is usually or always safe	89%	90%	95%	N/A	N/A
Child experienced two or more ACEs	N/A	N/A	0%	13%	10%
Parent or family member quit a job, did not take a job, or greatly changed job because of problems with childcare for child (in past year)	N/A	N/A	6%	10%	9%
Primary language spoken at home was dialect other than English	N/A	N/A	1%	5%	16%

N/A – Not Available

# Family & Community Characteristics

Child 6-11 Comparisons	Lucas County 2014 Ages 6-11 Years	Lucas County 2017 Ages 6-11 Years	Lucas County 2020 Ages 6-11 Years	Ohio 2017/18 Ages 6-11 Years	U.S. 2017/18 Ages 6-11 Years
Family ate a meal together every day of the week	39%	35%	29%	44%	45%
Neighborhood is usually or always safe	95%	91%	94%	N/A	N/A
Child experienced two or more ACEs	N/A	N/A	10%	27%	20%
Parent or family member quit a job, did not take a job, or greatly changed job because of problems with childcare for child (in past year)	N/A	N/A	5%	N/A	N/A
Primary language spoken at home was dialect other than English	N/A	N/A	1%	5%	14%

N/A – Not Available

# Parent Health

- Parents reported the following challenges they faced in regard to the day-to-day demands of parenthood/raising children:
  - Demands of multiple children (44%)
  - Working long hours (20%)
  - Financial burdens (15%)
  - Being a single parent (11%)
  - Managing child's behavior (11%)
  - Mental health (9%)
  - Etc.
- 37% of parents reported having more than one difficulty, increasing to 46% of parents with incomes of less than \$25,000

# Parent Health

Child 0-5 Comparisons	Lucas County 2014 Ages 0-5	Lucas County 2017 Ages 0-5	Lucas County 2020 Ages 0-5	Ohio 2017/18 Ages 0-5	U.S. 2017/18 Ages 0-5
Mother's mental or emotional health is fair/poor	4%	10%	7%	9%	5%
Father's mental or emotional health is fair/poor	2%	6%	7%	7%	3%
Mother's physical health status is fair/poor	2%	6%	3%	3%	4%
Father's physical health status is fair/poor	2%	6%	11%	3%	5%

Child 6-11 Comparisons	Lucas County 2014 Ages 6-11	Lucas County 2017 Ages 6-11	Lucas County 2020 Ages 6-11	Ohio 2017/18 Ages 6-11	U.S. 2017/18 Ages 6-11
Mother's mental or emotional health is fair/poor	8%	9%	13%	9%	5%
Father's mental or emotional health is fair/poor	1%	9%	6%	4%	3%
Mother's physical health status is fair/poor	2%	6%	9%	7%	6%
Father's physical health status is fair/poor	2%	6%	8%	7%	4%



**HEALTHY**  
LUCAS COUNTY

# Questions?

Emily Gensler, MPH  
Hospital Council of Northwest Ohio  
[estearns@hcno.org](mailto:estearns@hcno.org)



# Participant Feedback

<https://www.surveymonkey.com/r/lucasfeedback>

2019/2020 Lucas County Community Health Assessment - Participant Feedback

1. Based on the data, what are the top issues Lucas County needs to focus on?

2. What surprised you the most?



**HEALTHY**  
LUCAS COUNTY

---

**Be Healthy, Lucas County!**