

**2019/2020 Lucas County
Community Health Assessment
Community Release
December 8, 2020**



**HEALTHY
LUCAS COUNTY**

**Latino Adult Data
Presented by Emily Gensler, MPH
Hospital Council of Northwest Ohio**





HEALTHY
LUCAS COUNTY

Latino Health Care Access

Health Care Coverage

Health Care Access and Utilization

Preventive Medicine

Women's Health

Men's Health

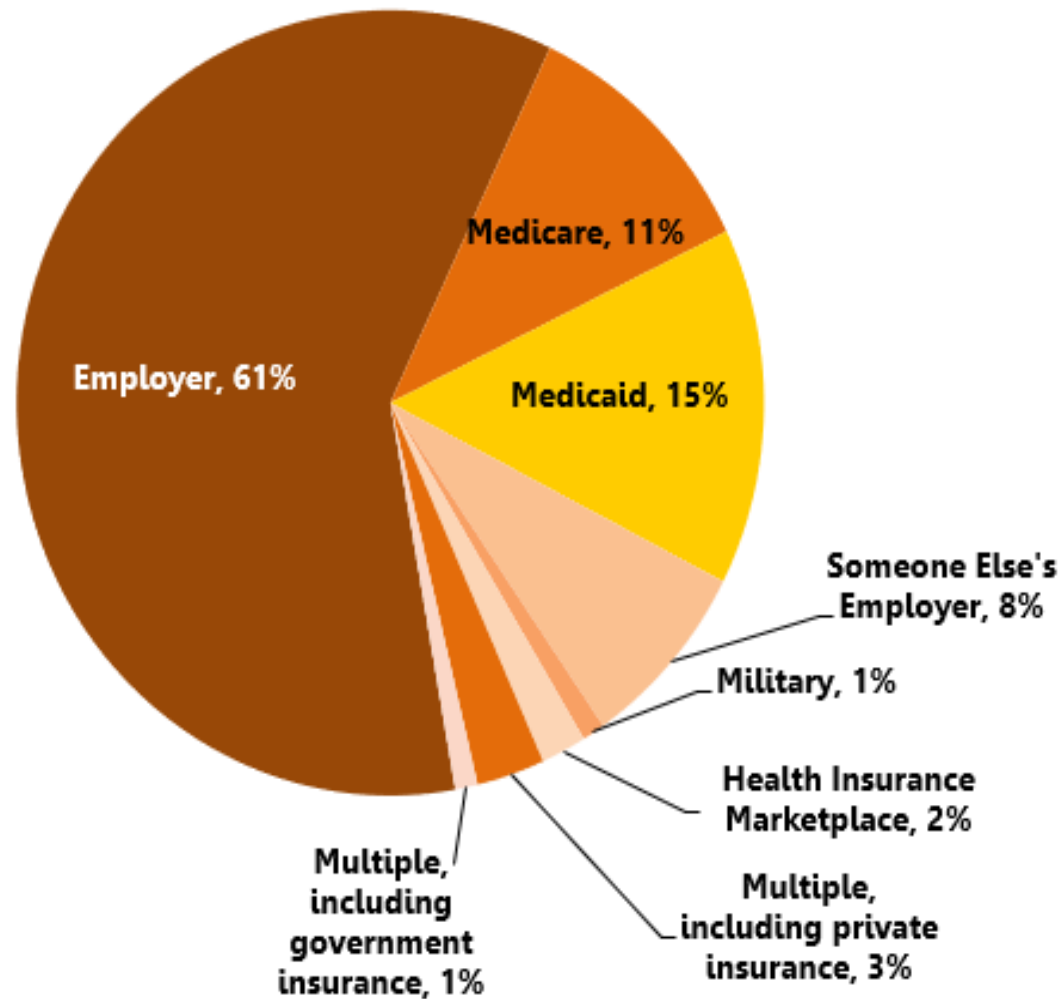
Oral Health



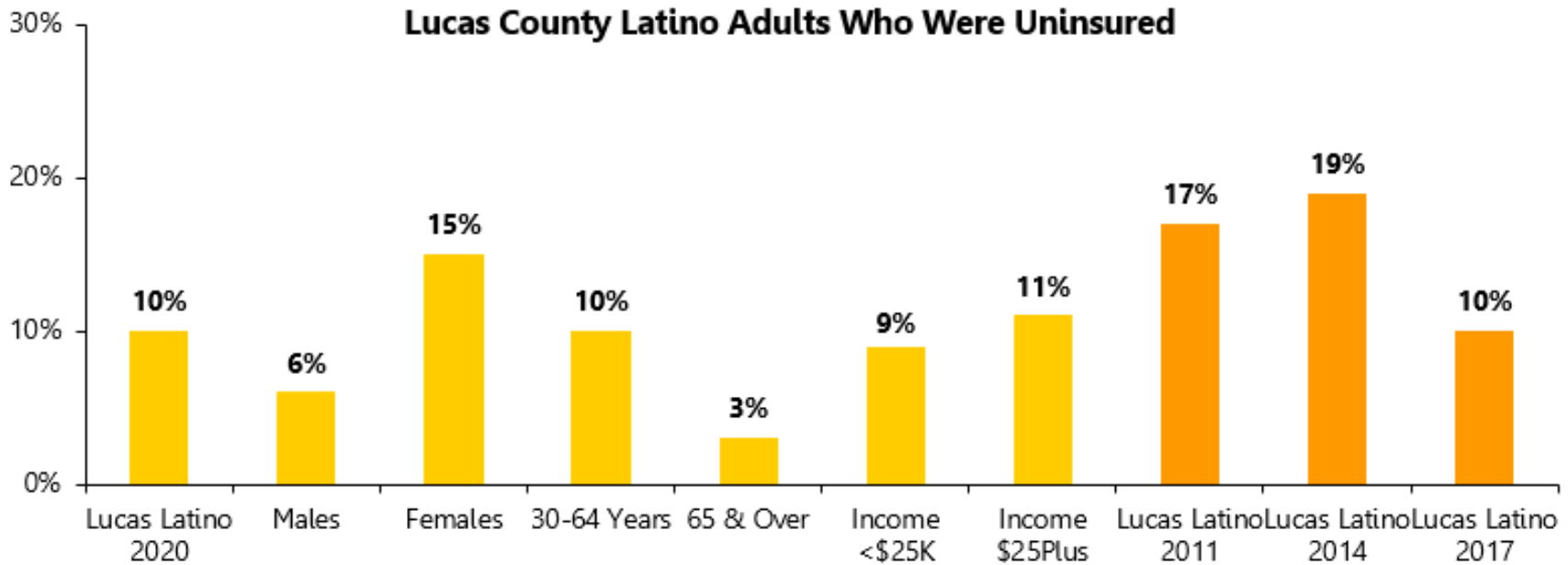
Health Care Coverage

- 90% of adults had health care coverage
- 10% were uninsured
 - Increasing to 15% of females
- The top reasons uninsured adults gave for being without health care coverage were:
 1. They lost their job or changed employers (38%)
 2. Became ineligible (20%)
 3. Did not think they needed it (18%)
 4. Cost (15%)

Health Care Coverage



Health Care Coverage



Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Uninsured	13%	17%	19%	10%	10%	18%	28%

Health Care Access and Utilization

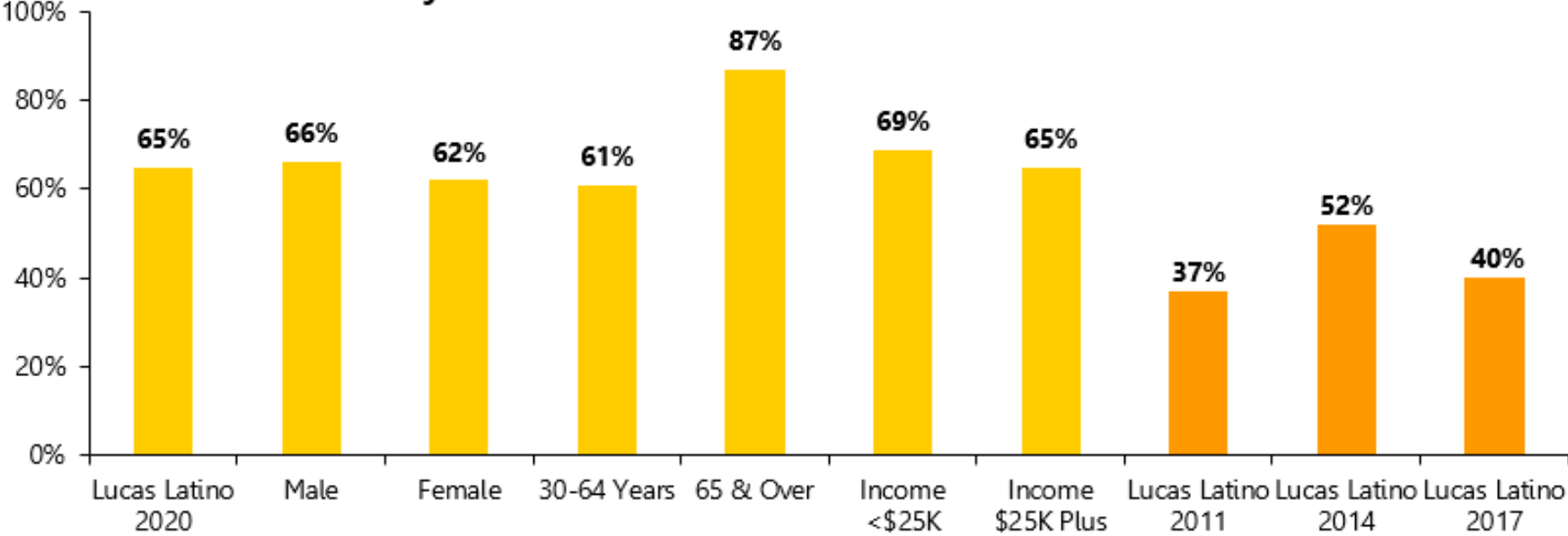
- Adults usually visited the following places for health care services when they were sick or needed advice:
 - Doctor's office (86%)
 - Urgent care center (38%)
 - Hospital emergency room (19%)
 - Family and friends (17%)
 - Internet (13%)
 - Chiropractor (12%)
 - Alternative therapies (6%)
 - In-store health clinic (4%)
 - Community health center (4%)
 - Veteran's Affairs (VA) (2%)
 - Called 9-1-1/used an ambulance service (2%)
 - Telemedicine (2%)
 - Some other place (1%)
- 3% of adults indicated they had no usual place for health care services

Health Care Access and Utilization

- 16% of Lucas County adults reported they had a living will
 - Increasing to 20% of those with incomes more than \$25,000
 - Increasing to 48% of those over the age of 65
- 9% had a durable power of attorney
 - Increasing to 32% of those over the age of 65
- Of the Lucas County adults who did not have a living will or durable power of attorney, 34% had discussed their medical wishes with a family member or loved one

Preventive Medicine

Lucas County Latino Adults who Received a Flu Shot Within the Past Year



Preventive Medicine

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Ever had a pneumonia vaccine in lifetime (ages 65 and older)	53%	52%	67%	70%	70%	N/A	56%
Had a flu vaccine in the past year	31%	37%	52%	40%	65%	33%	25%
Had a flu vaccine in the past year (ages 65 and older)	75%	64%	82%	84%	87%	N/A	50%
Ever had a shingles or zoster vaccine	N/A	N/A	7%	7%	16%	N/A	N/A

N/A – Not Available

Women's Health

- 73% of all Lucas County women had a mammogram at some time in their life and 53% had one in the past year
 - 69% of women age 40 and over had a mammogram in the past year
- 100% of women had a Pap smear at some time in their life and 54% had one in the past year

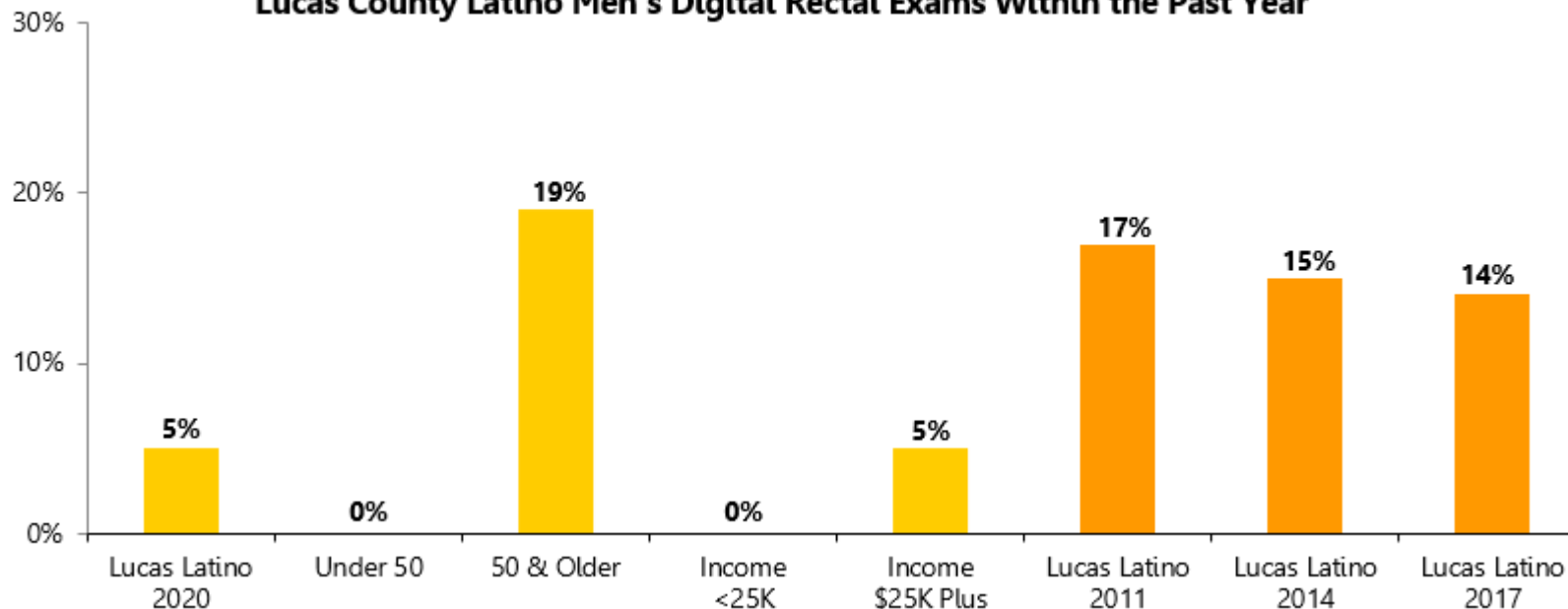
Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Had a Pap smear in the past three years (ages 21-65)	N/A	N/A	61%*	69%*	89%	61%	80%
Had a mammogram in the past two years (age 40 & over)	67%	74%	80%	64%	94%	72%	72%
Had a clinical breast exam in the past two years (age 40 and over)	77%	64%	70%	69%	87%	N/A	N/A

N/A – Not Available

*Includes all women regardless of age.

Men's Health

Lucas County Latino Men's Digital Rectal Exams Within the Past Year



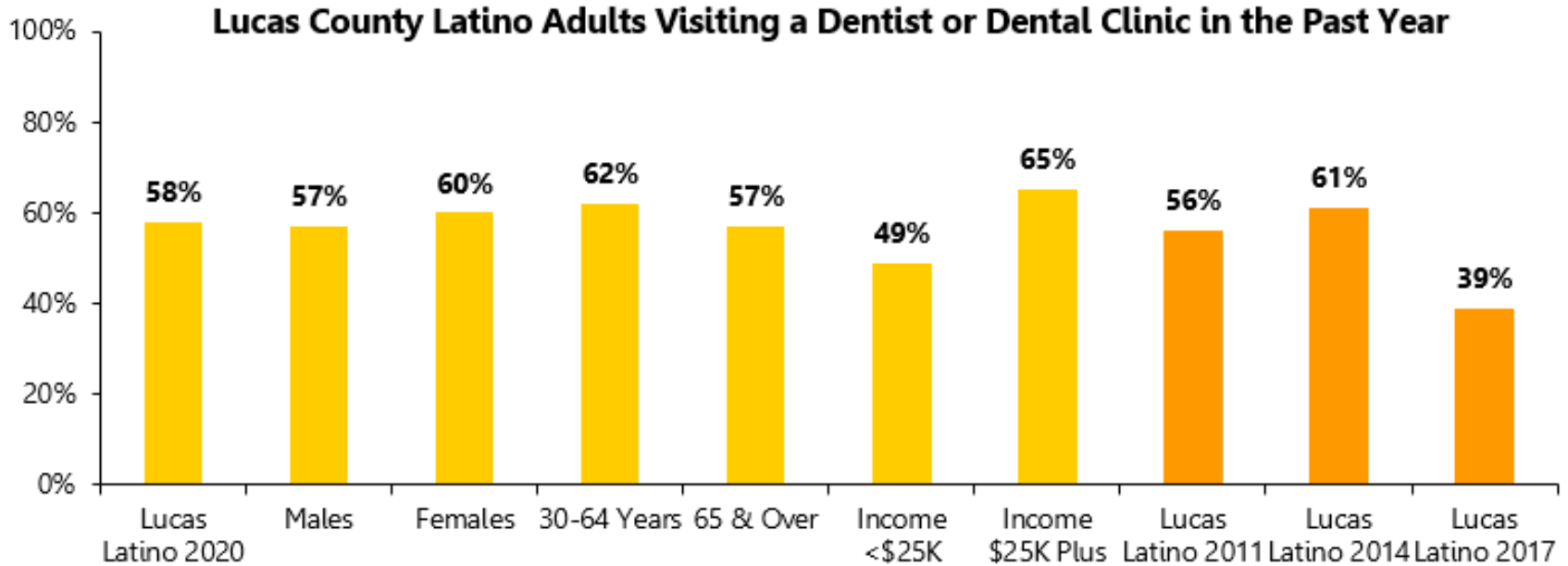
Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Had a digital rectal exam within the past year	21%	17%	15%	14%	5%	N/A	N/A

N/A – Not Available

Oral Health

- 58% of Lucas County adults had visited a dentist or dental clinic in the past year
 - Decreasing to 49% of adults with incomes less than \$25,000
- When asked the main reason for not visiting a dentist in the last year, adults gave the following responses:
 - No reason to go/had not thought of it (33%)
 - Cost (17%)
 - Fear, apprehension, nervousness, pain and dislike going (17%)
 - Dentures (6%)
 - Did not have/know a dentist (6%)
 - Etc.
- Adults reported the following top 3 oral health issues:
 - Loose teeth (4%)
 - No teeth (4%)
 - Skipped meals due to pain (4%)

Oral Health



Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Visited a dentist in the past year	68%	56%	61%	39%	58%	65%	59%



HEALTHY
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Latino Health Behaviors

Health Status Perceptions

Adult Weight Status

Adult Tobacco Use

Adult Alcohol Consumption

Adult Drug Use

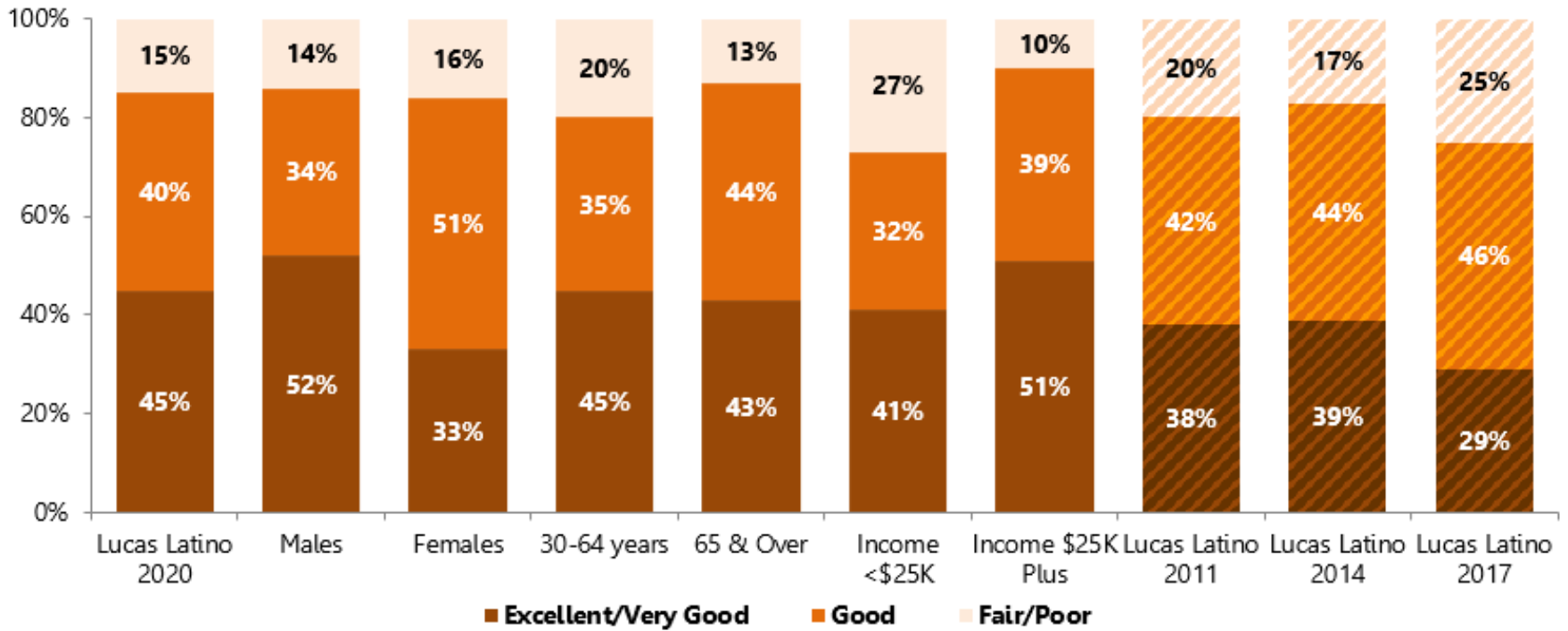
Adult Sexual Behavior

Adult Mental Health



Adult Health Status Perceptions

Lucas County Latino Adult Health Perceptions*



* Respondents were asked: "Would you say that in general your health is excellent, very good, good, fair or poor?"



Adult Health Status Perceptions

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Rated health as excellent or very good	55%	38%	39%	29%	45%	57%	38%
Rated health as fair or poor	15%	20%	17%	25%	15%	12%	26%
Rated their mental health as not good on four or more days in the previous month	23%	33%	38%	34%	33%	N/A	23%
Average number of days that mental health was not good (in the past month) (County Health Rankings)*	N/A	N/A	N/A	6.5	4.9	N/A	N/A
Rated physical health as not good on four or more days (in the past month)	19%	32%	20%	34%	23%	8%	23%
Average number of days that physical health not good (in the past month) (County Health Rankings)*	N/A	N/A	N/A	7.5	3.5	N/A	N/A
Poor physical or mental health kept them from doing usual activities, such as self-care, work, or recreation (on at least one day during the past month)	N/A	N/A	N/A	41%	27%	33%	23%

N/A – Not Available

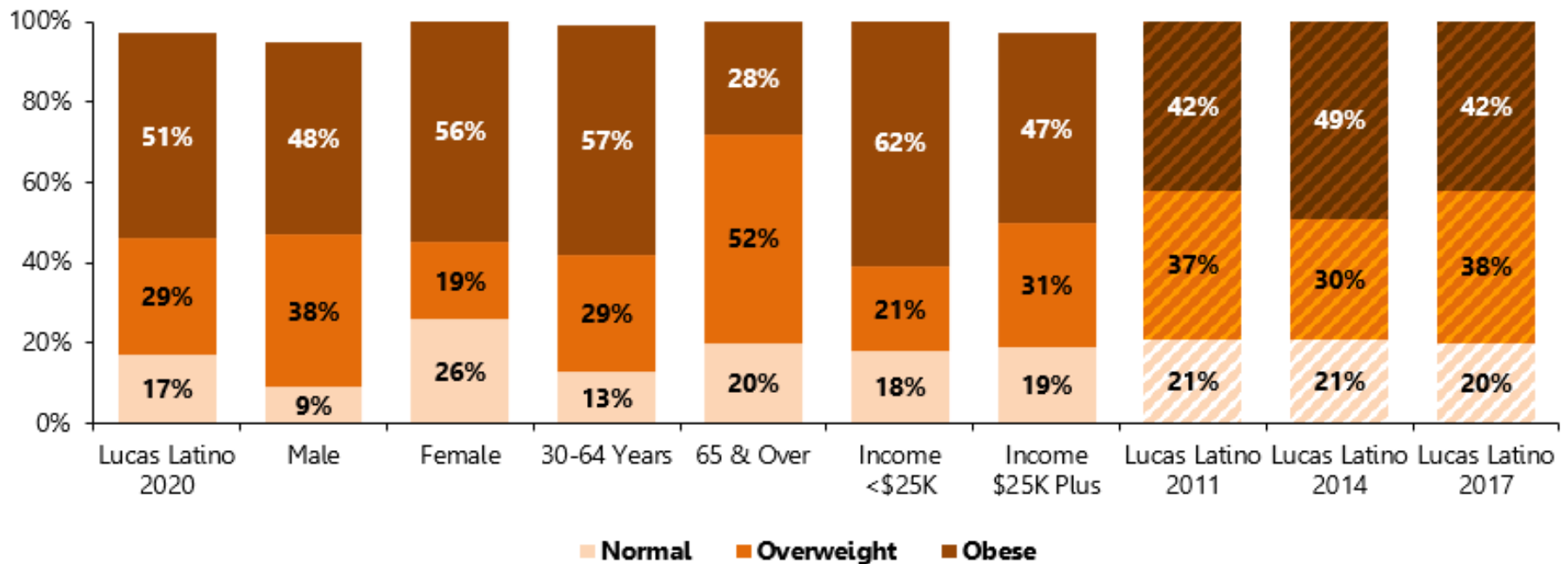
Adult Weight Status

- 80% of all Lucas County adults were either overweight (29%) or obese (51%) by body mass index (BMI)
- 55% of adults were trying to lose weight
 - 23% were trying to maintain their weight or keep from gaining weight
 - 4% were trying to gain weight

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latino 2020	Ohio Latinos 2018	U.S. Latinos 2018
Overweight (BMI of 25.0 – 29.9)	35%	37%	30%	38%	29%	20%	38%
Obese (includes severely and morbidly obese, BMI of 30.0 and above)	33%	42%	49%	42%	51%	38%	34%

Adult Weight Status

Lucas County Latino Adult BMI Classifications*



**Percentages may not equal 100% due to the exclusion of data for those who were classified as underweight*

Adult Weight Status

- Adults reported the following would help them use community parks, bike trails, and walking paths more frequently:
 - More accessible parks, bike trails, and walking paths (35%)
 - Designated safe routes (29%)
 - Improvements to existing parks, trails, and paths (28%)
 - Better promotion and advertising of existing parks, trails, and paths (27%)
 - More public events and programs involving parks/trails/paths (23%)
- 58% of adults engaged in some type of physical activity or exercise for at least 30 minutes 3 or more days per week
 - 29% did not engage in any physical activity in the past week

Adult Weight Status

	5 or more servings daily	3-4 servings daily	1-2 Servings daily	0 servings daily
Fruit	0%	9%	78%	13%
Vegetables	1%	17%	75%	7%
Sugar-sweetened beverages	2%	8%	50%	40%
Caffeinated beverages	10%	10%	46%	34%

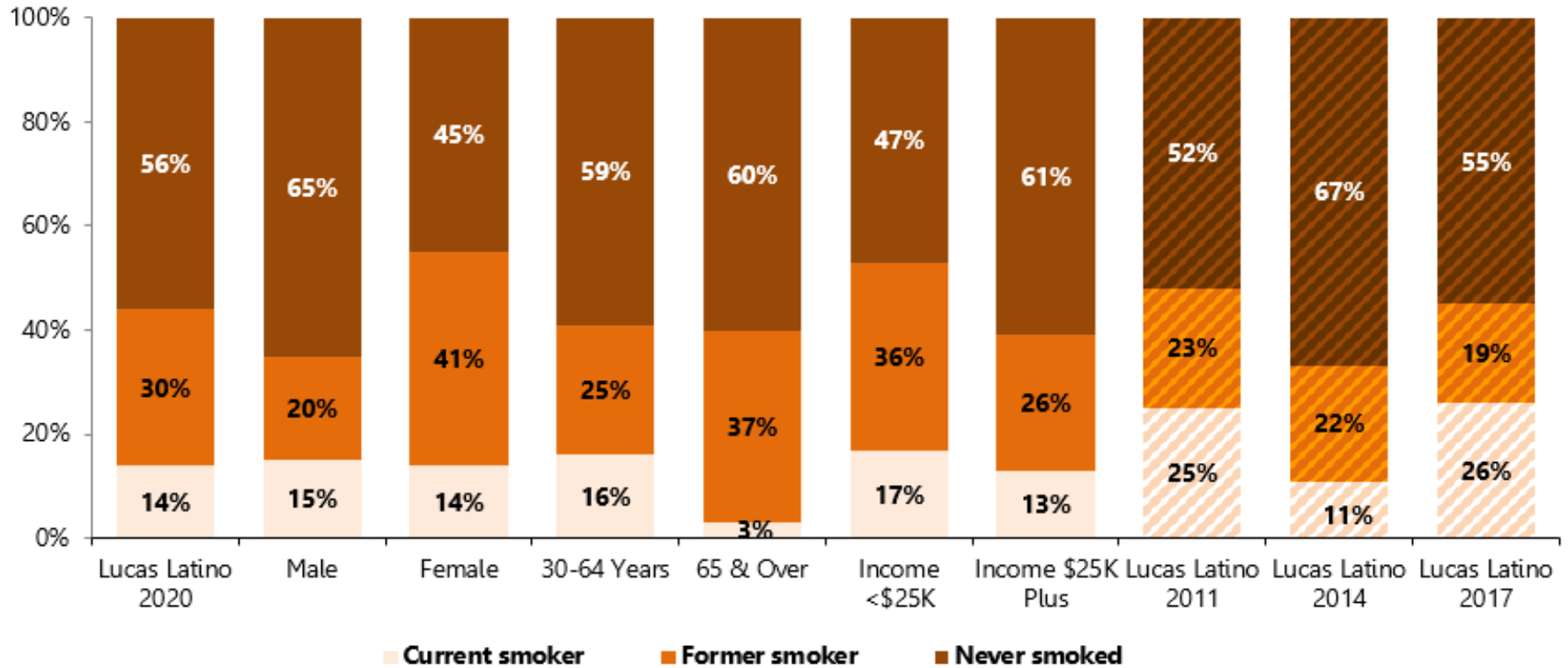
- Lucas County adults reported the following barriers to consuming fruits and vegetables:
 - Too expensive (15%)
 - Did not like the taste (5%)
 - Did not have access to fruit and vegetables (5%)
 - Did not know how to prepare (3%)
 - No variety (2%)
 - Stores did not take EBT (1%)
 - Other barriers (3%)

Adult Tobacco Use

- 14% of all Lucas County adults were current smokers
- Adults used the following tobacco products in the past year:
 - Cigarettes (25%)
 - Cigars (2%)
 - Little cigars (2%)
 - Hookah (2%)
 - Cigarillos (1%)
 - Chewing tobacco/snuff/snus (1%)
 - Etc.
- Adults indicated e-cigarette vapor is harmful to themselves (75%), an unborn child (73%), others (71%), children (71%) and not harmful to anyone (3%)

Adult Tobacco Use

Lucas County Latino Adult Smoking Behaviors*



* Respondents were asked: "Have you smoked at least 100 cigarettes in your entire life? If yes, do you now smoke cigarettes every day, some days or not at all?"

Adult Tobacco Use

- Adults reported they would support an ordinance to ban smoking in the following places:
 - Vehicle with a minor present (73%)
 - Multi-unit housing (64%)
 - Rental homes (62%)
 - Parks or ball fields (62%)
 - Fairgrounds (60%)
 - College/university campuses (59%)

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Current smoker (smoked on some or all days)	26%	25%	11%	26%	14%	29%	12%
Former smoker (smoked 100 cigarettes in lifetime and now do not smoke)	18%	17%	22%	19%	30%	18%	18%
Tried to quit smoking	N/A	N/A	N/A	41%	42%	N/A	N/A
Used chewing tobacco or snuff in the past year	N/A	N/A	N/A	1%	1%	N/A	N/A

N/A – Not Available

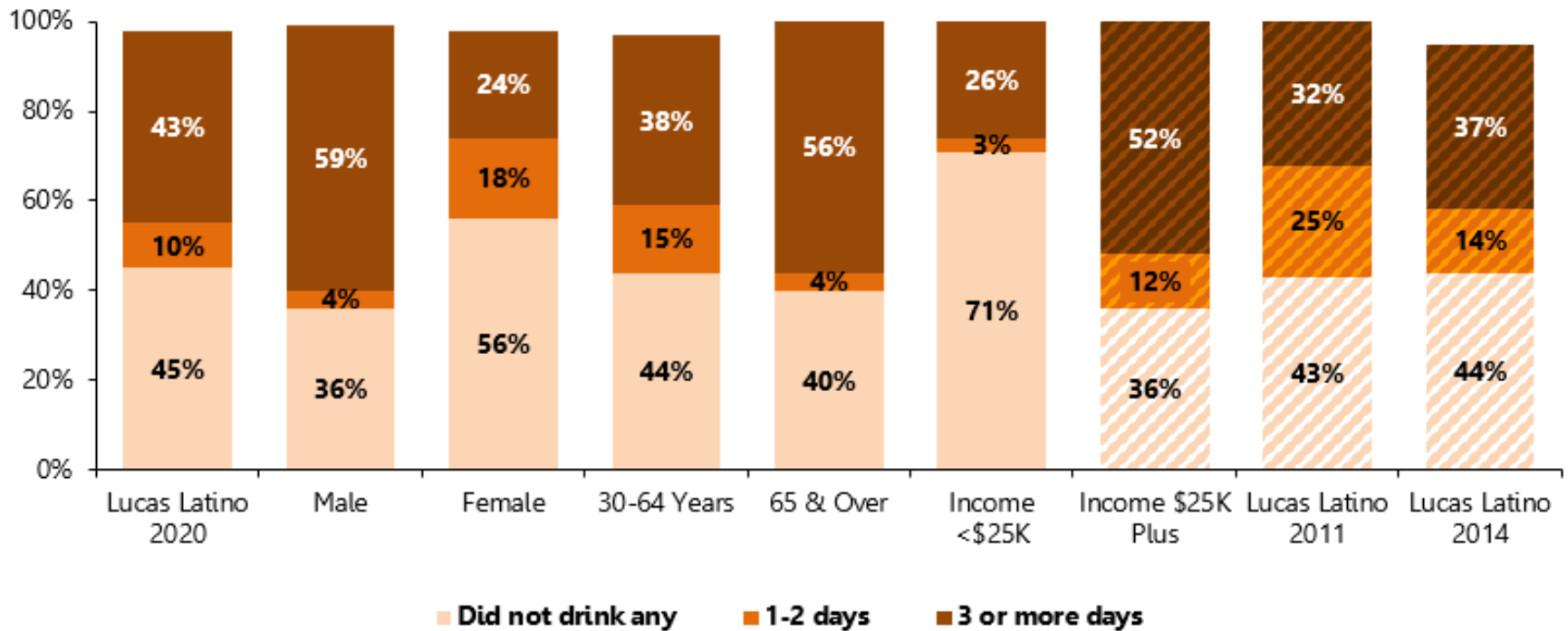


Adult Alcohol Consumption

- 53% of Lucas County adults had at least one alcoholic drink in the past month
- 37% of all adults were binge drinkers
- Lucas County adult drinkers consumed 4.4 drinks on average
- Reason adults did not use a program or service to help with an alcohol problem for themselves or a loved one included:
 - Stigma of seeking alcohol services (5%)
 - Had not thought of it (2%)
 - Transportation (1%)
 - Fear (1%)
 - Did not want to get in trouble
 - Other (5%)

Adult Alcohol Consumption

Lucas County Latino Adults Average Number of Days Drinking Alcohol in the Past Month*



*Percentages may not equal 100% as some respondents answered "don't know"

Adult Alcohol Consumption

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Current drinker (had at least one drink of alcohol within the past month)	47%	57%	51%	57%	53%	48%	46%
Binge drinker (males having five or more drinks on one occasion, females having four or more drinks on one occasion)	N/A	29%	25%	41%	37%	17%	18%
Drove after having perhaps too much alcohol to drink (in the past month)	N/A	N/A	N/A	6%	12%	N/A	N/A

N/A – Not Available

Adult Drug Use

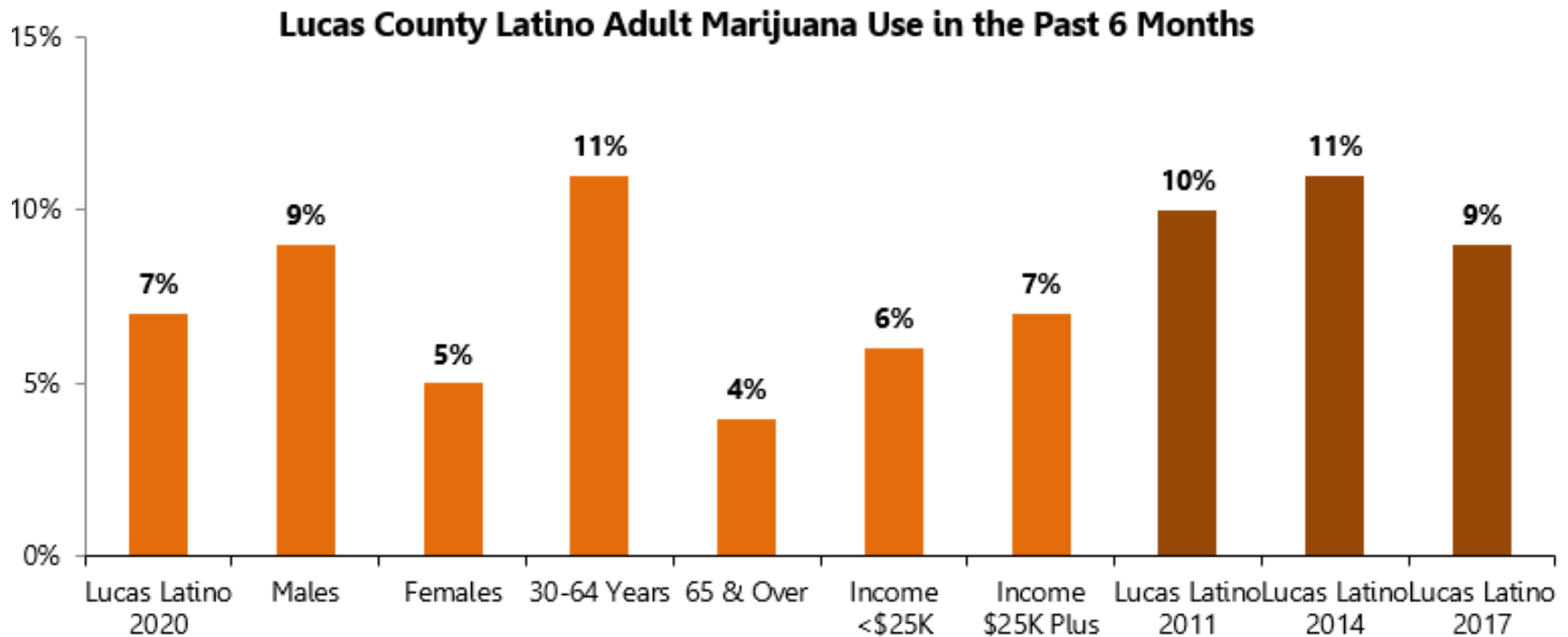
- 3% of adults reported being prescribed opioid based medication and had trouble stopping
- As a result of using drugs, adults indicated they or someone in their household experienced the following:
 - Had legal problems (2%)
 - Failed a drug screen (2%)
 - Administered Narcan or nasal Naloxone (1%)
 - Regularly failed to fulfill obligations at work or home (1%)

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas Latinos County 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Adults who used marijuana in the past six months	10%	10%	11%	9%	7%	N/A	N/A
Adults who misused prescription drugs in the past six months	4%	7%	11%	6%	6%	N/A	N/A
Adults who used heroin in the past six months	0%	0%	0%	0%	0%	N/A	N/A

N/A – Not Available

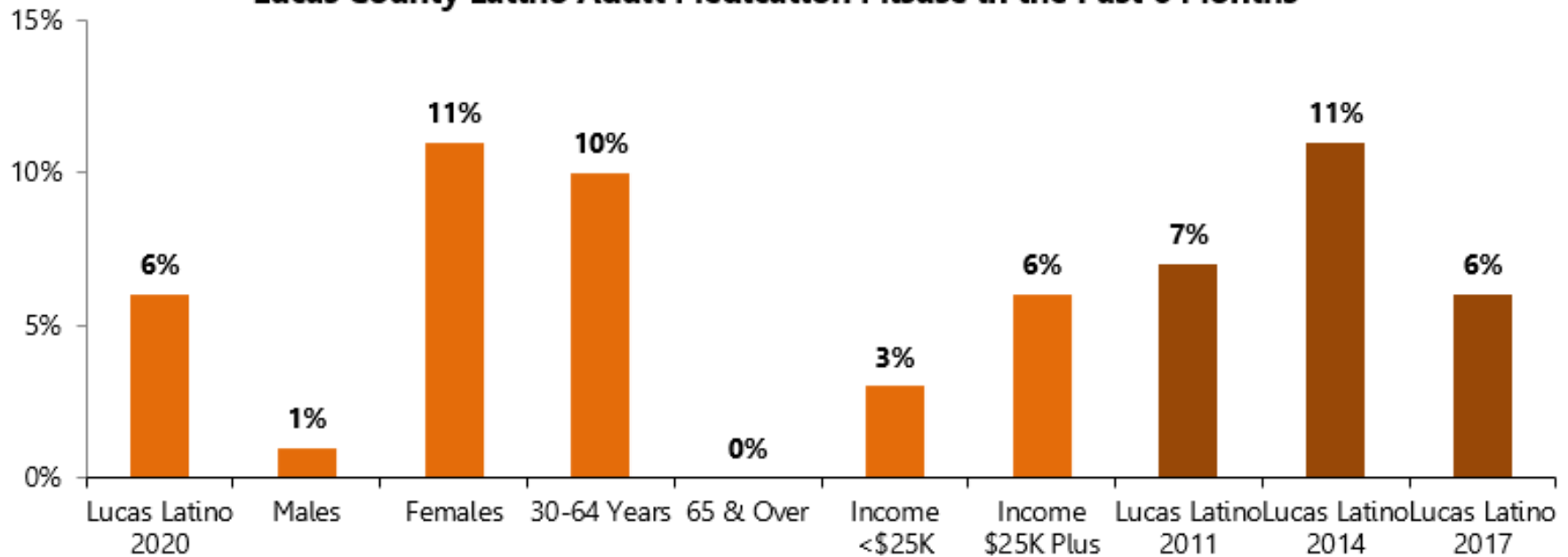


Adult Drug Use



Adult Drug Use

Lucas County Latino Adult Medication Misuse in the Past 6 Months



Adult Sexual Behavior

- 75% of Lucas County adults had sexual intercourse in the past year
- 12% of adults were not using any method of birth control, 2% were pregnant and 2% were trying to get pregnant
- 11% of adults were forced to have any sort of unwanted sexual activity, increasing to 16% of females and 18% of those with incomes less than \$25,000
 - 29% of those who were forced to have sexual activity reported it

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Had more than one sexual partner in the past year	7%	10%	9%	14%	10%	N/A	N/A

N/A – Not Available



Mental Health and Suicide

- 4% of adults considered attempting suicide in the past year
 - 1% of adults attempted suicide in the past year
- Adults experienced the following almost every day for two weeks or more in a row:
 - Did not get enough sleep or rest (43%)
 - Had high stress (36%)
 - Felt sad, blue or depressed (29%)
 - Felt worried, tense or anxious (27%)
 - Stopped doing some usual activities (16%)
 - Unusual increase or loss of appetite (10%)
 - Felt very healthy and full of energy (9%)

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Considered attempting suicide in the past year	N/A	7%	8%	7%	4%	N/A	N/A

N/A – Not Available



Mental Health and Suicide

- The following prevented adults from using a program or service for themselves or someone in their household to help with depression, anxiety, or emotional problems:
 - Had not thought of it (13%)
 - Fear (7%)
 - Did not know how to find a program (7%)
 - Stigma of seeking mental health services (6%)
 - Co-pay/deductible too high (5%)
 - Transportation (4%)
 - Took too long to get in to see a doctor/health care provider (3%)
 - Could not afford to go (3%)
 - Could not get to the office or clinic (2%)
 - Other priorities (2%)
 - Other reasons (5%)



HEALTHY
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Latino Chronic Disease

Cardiovascular Health

Cancer

Arthritis

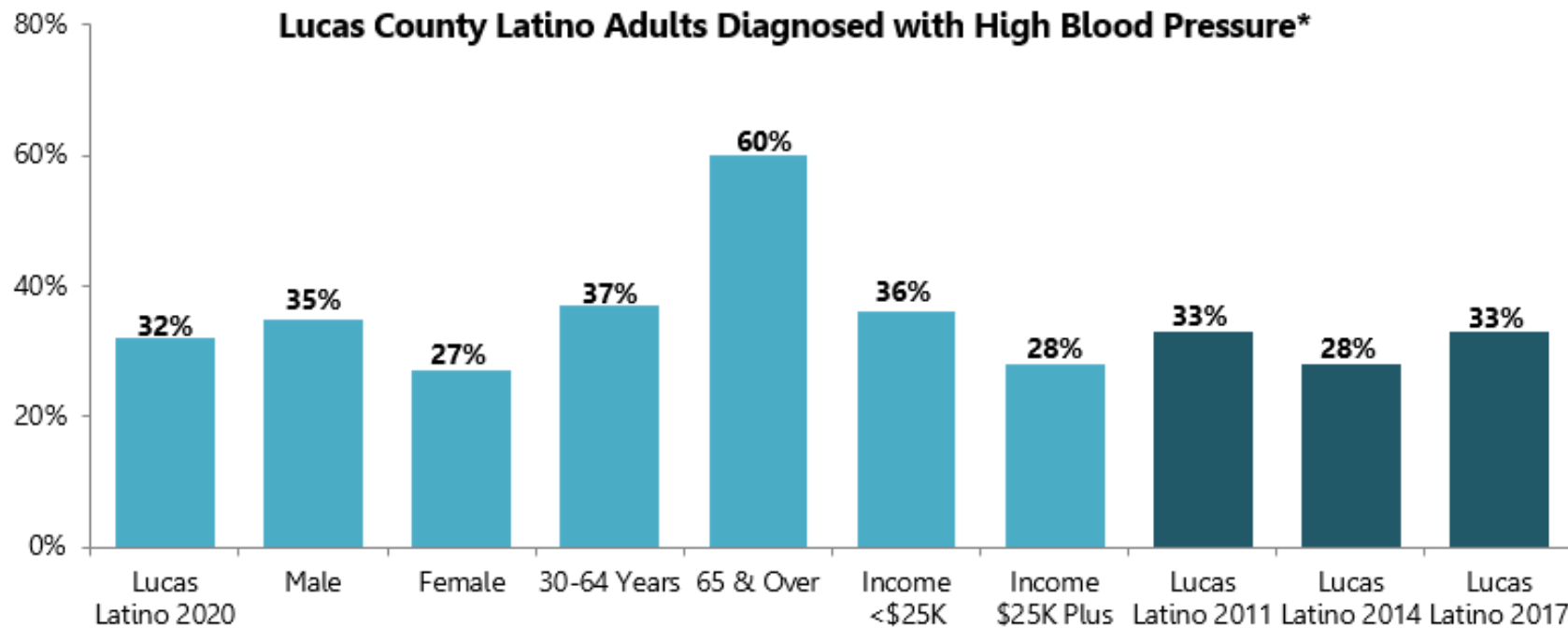
Asthma

Diabetes

Quality of Life



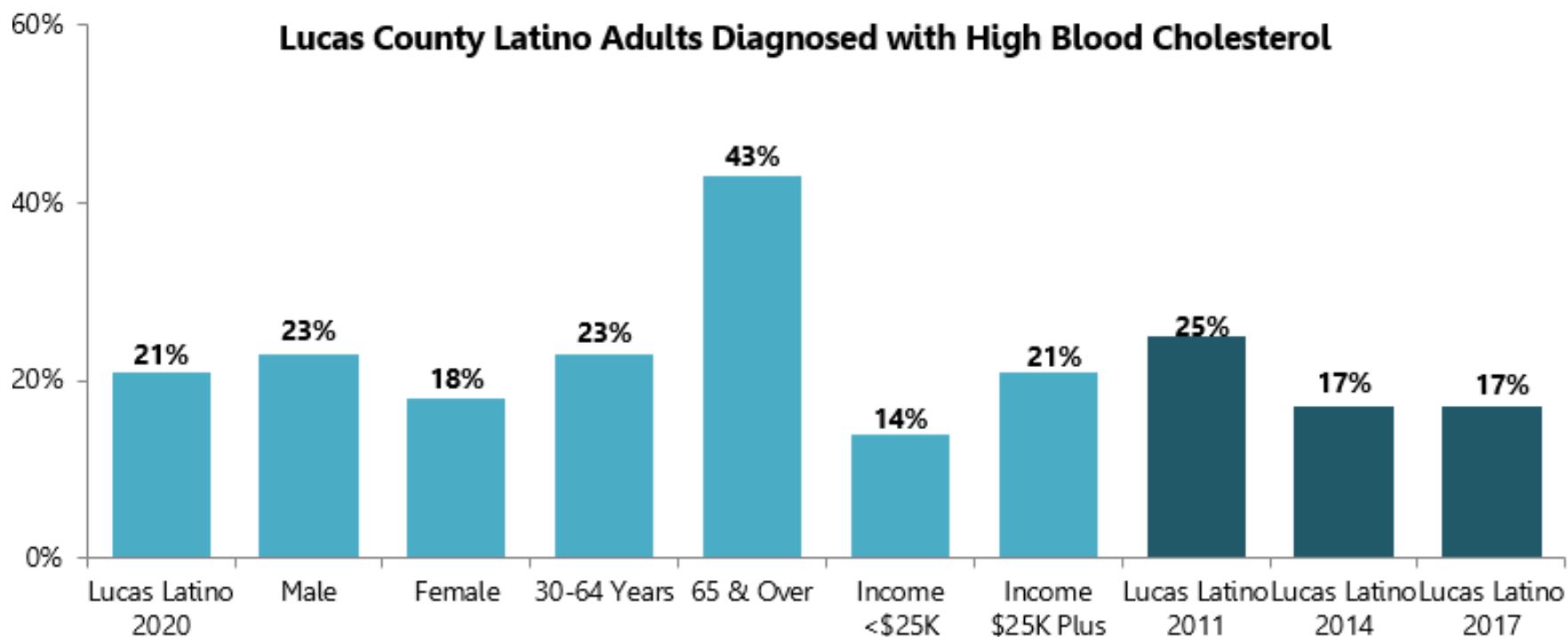
Cardiovascular Health



**Does not include respondents who indicated high blood pressure during pregnancy only.*

Cardiovascular Health

Lucas County Latino Adults Diagnosed with High Blood Cholesterol



Cardiovascular Health

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Had angina	4%	2%	5%	3%	2%	N/A	3%
Had a heart attack	N/A	3%	4%	3%	6%	N/A	4%
Had a stroke	N/A	4%	2%	6%	5%	N/A	2%
Had been diagnosed with high blood pressure	21%	33%	28%	33%	32%	N/A	N/A
Had been diagnosed with high blood cholesterol	29%	25%	17%	17%	21%	N/A	N/A
Had their blood cholesterol checked within the last five years	64%	68%	73%	69%	82%	N/A	N/A

N/A – Not Available

Cancer

- 7% of adults were diagnosed with cancer at some point in their lives, increasing to 25% of those ages 65+
- Of those diagnosed with cancer, the following were reported:
 - Prostate (33%)
 - Ovarian (33%)
 - Testicular (17%)
 - Leukemia (13%)
 - Head and neck (13%)
 - Etc.
- Adults reported receiving the following cancer screenings:
 - Colorectal cancer in the past 5 years (17%)
 - Oral cancer in the past year (11%)
 - Skin cancer in the past year (4%)
 - Lung cancer in the past 3 years (3%)

Arthritis

- 11% of Lucas County adults were told by a health professional that they had some form of arthritis
 - Increasing to 17% of those over the age of 65
- 93% of adults with arthritis were receiving treatment for it

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Diagnosed with arthritis	18%	15%	13%	20%	11%	34%	16%

Asthma

- In 2020, 13% of Lucas County adults had been diagnosed with asthma
- 71% of adults with asthma were receiving treatment for it
- 1% of adults were diagnosed with chronic obstructive pulmonary disorder (COPD)
- 100% of adults with COPD were receiving treatment for it

Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Had been diagnosed with asthma	13%	13%	15%	7%	13%	24%	13%

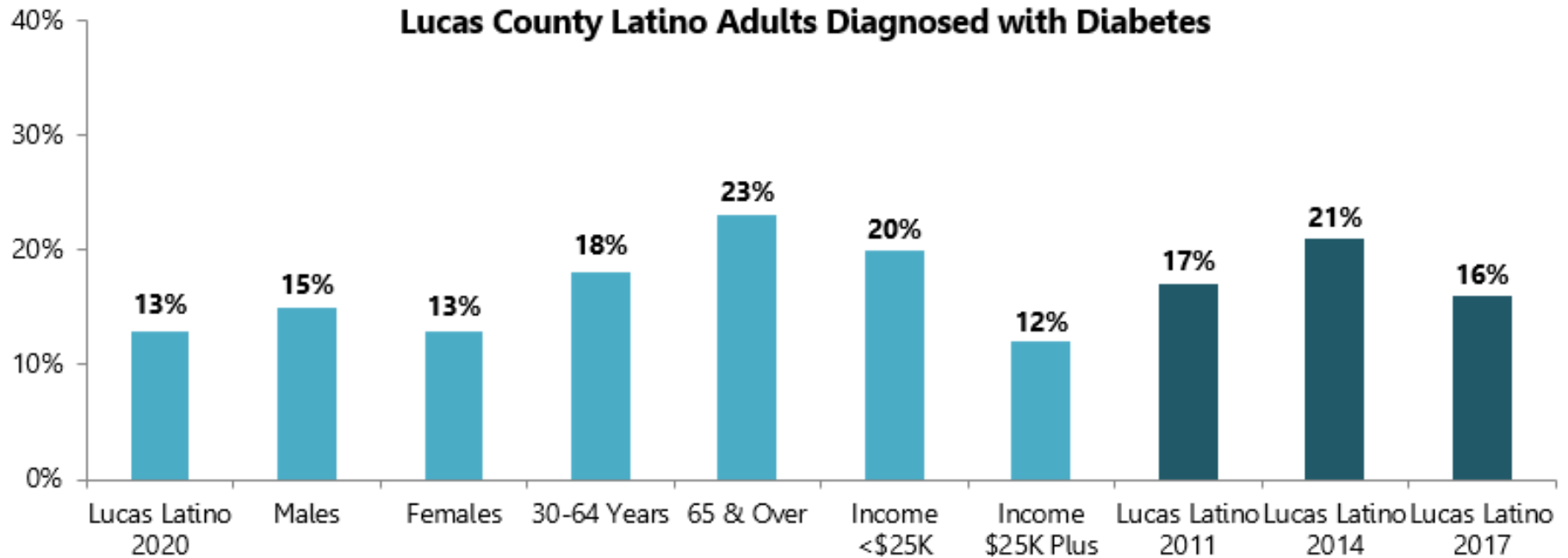
Diabetes

- 13% of Lucas County adults were diagnosed with diabetes
 - Increasing to 23% of those over the age of 65
- 41% of adults with diabetes rated their health as fair or poor
- 94% of adults diagnosed with diabetes were receiving treatment for it

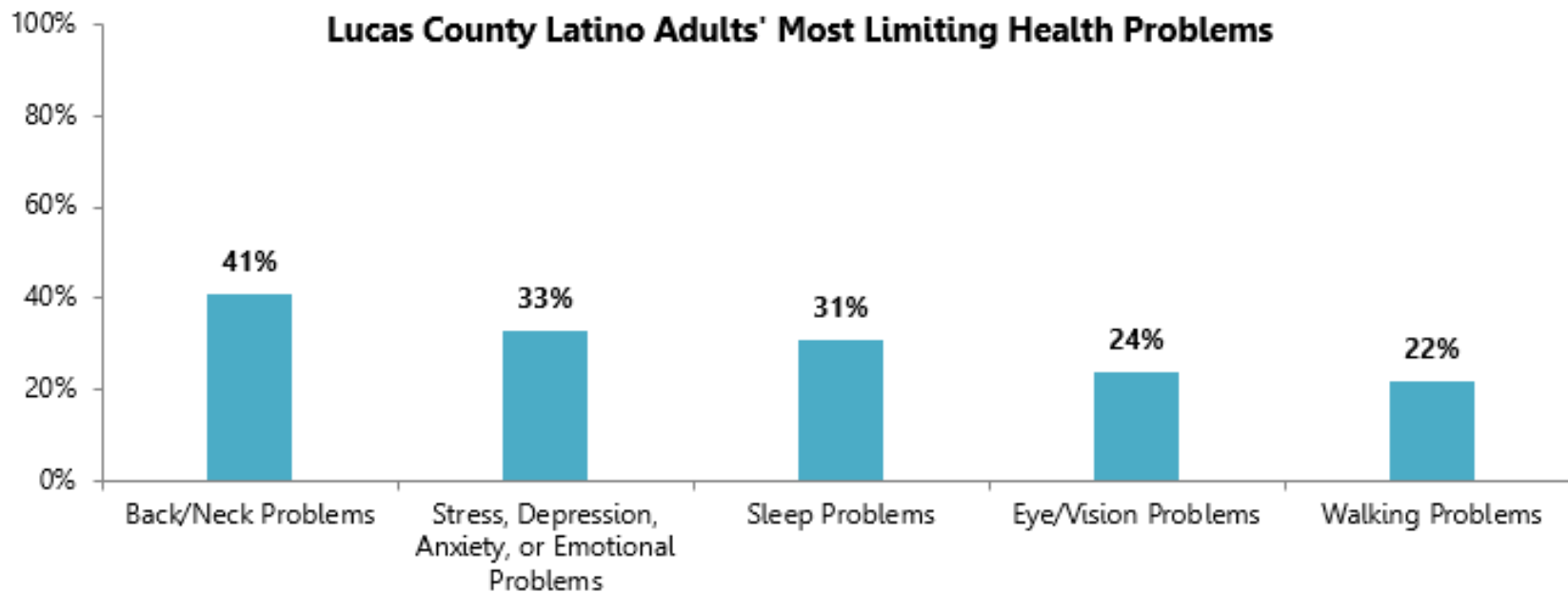
Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Diagnosed with diabetes	11%	17%	21%	16%	13%	10%	12%

Diabetes

Lucas County Latino Adults Diagnosed with Diabetes



Quality of Life



Adult Comparisons	Lucas County Latinos 2007	Lucas County Latinos 2011	Lucas County Latinos 2014	Lucas County Latinos 2017	Lucas County Latinos 2020	Ohio Latinos 2018	U.S. Latinos 2018
Limited in some way because of a physical, mental, or emotional problems	41%	N/A	46%	40%	35%	N/A	N/A

N/A – Not Available



HEALTHY
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Latino Social Conditions

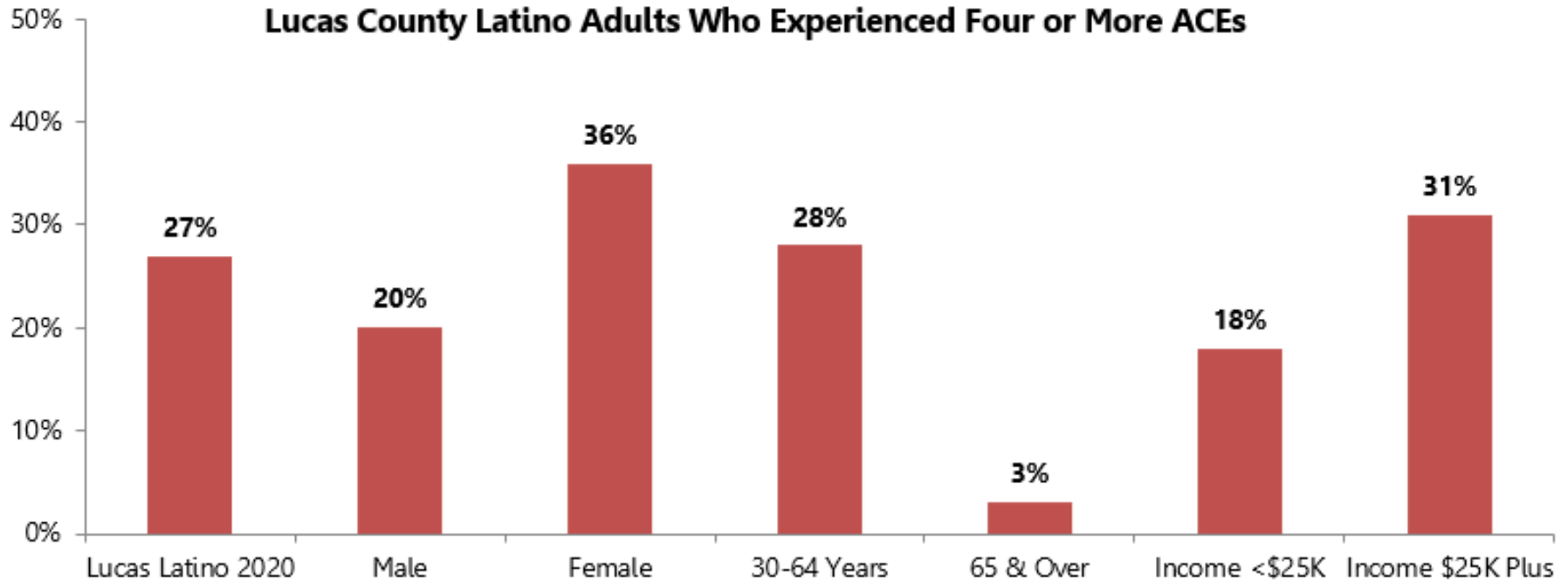
Social Determinants of Health
Environmental Conditions



Social Determinants of Health

- Adults experienced the following food insecurity issues during the past year:
 - Loss of income led to food insecurity issues (8%)
 - Worried food would run out (8%)
 - Had to choose between paying bills and buying food (5%)
 - Food assistance was cut (5%)
 - Went hungry/ate less to provide more food for their family (3%)
 - Were hungry but did not eat because they did not have money for food (3%)
- 7% of adults experienced more than one food insecurity issue

Social Determinants of Health



Social Determinants of Health

- During the past month, adults felt emotionally upset as a result of how they were treated based off their:
 - Ethnicity (14%)
 - Skin color (7%)
 - Sexual orientation (3%)
 - Culture (3%)
 - Disability (2%)
 - Gender identity (1%)
 - Religion (1%)
- 14% of adults reported feeling emotional distress or physical distress as a result of how they were treated based on their race, ethnicity, sex, age, language, culture, religion, nationality, or sexual orientation in the past month

Social Determinants of Health

Lucas County Latino Adults Experiences When Seeking Health Care*

Demographics	Experiences When Seeking Health Care			
	Worse than Other Races	Better than Other Races	Same as Other Races	Don't Know
Total (Latino)	2%	7%	57%	22%
White	1%	10%	53%	34%
African American	9%	0%	47%	33%

** Percentages may not equal 100% due to the exclusion of data for those who did not have health care and answered multiple responses.*

Environmental Health

- Lucas County adults thought the following threatened their health in the past year:
 - Bed bugs (10%)
 - Mold (8%)
 - Air quality (6%)
 - Rodents (5%)
 - Lice (5%)
 - Plumbing problems (5%)
 - Insects (4%)
 - Agricultural chemicals (3%)
 - Cockroaches (2%)
 - Unsafe water supply/wells (2%)
 - Sewage/wastewater problems (2%)
 - Etc.



HEALTHY
LUCAS COUNTY

Questions?

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Participant Feedback

<https://www.surveymonkey.com/r/lucasfeedback>

2019/2020 Lucas County Community Health Assessment - Participant Feedback

1. Based on the data, what are the top issues Lucas County needs to focus on?

2. What surprised you the most?



HEALTHY
LUCAS COUNTY

Be Healthy, Lucas County!