

# 2018-2021 Lucas County Community Health Improvement Plan

## STRATEGIES, all of which address health disparities:

To address all priority areas, the following **cross-cutting strategies** are recommended:

1. Expand school-based health centers
2. Expand complete streets
3. Implement smoke-free policies
4. Increase health insurance enrollment and outreach efforts
5. Improve access to comprehensive primary care
6. Expand the use of community health workers (CHWs)
7. Increase care coordination using the Pathways Community HUB model
8. Implement cultural competency training for healthcare professionals
9. Implement policies to decrease availability of tobacco products (Tobacco 21)
10. Increase links to tobacco cessation support
11. Implement a universal screening and referral process

To work toward **improving mental health**, the following actions steps are recommended:

1. Implement school-based alcohol/other drugs, mental health, and tobacco prevention programs
2. Increase awareness of trauma-informed health care
3. Expand access to tobacco cessation treatments and medications

To work toward **decreasing addiction, including drug and opiate use**, the following actions steps are recommended:

1. Implement Generation Rx in grades K-12
2. Implement a community-based comprehensive program to reduce tobacco use
3. Implement an opioid harm reduction prevention program
4. Implement a clinical opioid disposal program
5. Explore feasibility of expanding the scope of the current referral coordination system
6. Implement a community-based comprehensive program to reduce alcohol and other drug misuse/abuse
7. Increase awareness of the Lucas County Opioid Coalition

To work toward **decreasing chronic disease, including obesity**, the following action steps are recommended:

1. Expand nutrition and physical activity interventions in preschool/childcare
2. Expand safe routes to school
3. Implement healthy home environment assessments
4. Increase school-based active recess and policies
5. Expand nutrition prescriptions
6. Increase healthy foods in convenience stores
7. Increase farmer's markets/stands
8. Increase awareness of the Diabetes Prevention Program (DPP)
9. Increase enrollment into the Diabetes Education and Empowerment Program (DEEP)

To work toward **improving maternal and infant health, including infant mortality**, the following actions steps are recommended:

1. Increase progesterone treatment
2. Provider counseling with patients about preconception health and reproductive life plans
3. Increase breastfeeding support at birthing facilities
4. Increase breastfeeding promotion programs
5. Increase coordination of home visiting programs
6. Provider counseling with patients about preconception health and prenatal/postnatal care