

2018-2020 Lucas County CHIP Resource Assessment

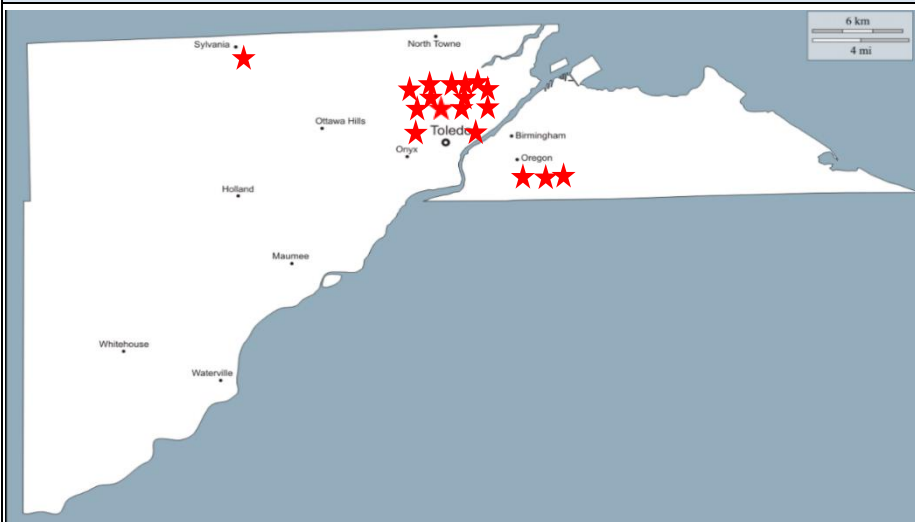
Priority #3 - Chronic Disease/Obesity

*Note- this resource inventory is not inclusive of all resources available in Lucas County. It is a summary of resource information provided by CHIP committee members to serve as a general snap shot for the county.

Chronic Disease Treatment Programs (Example: tobacco cessation)	
	<p>★ Diabetes Care/Classes/Management Programs:</p> <ul style="list-style-type: none"> • YMCA of Greater Toledo – 1 location in Toledo, 1 in Oregon • Mercy Health- 2 locations in Toledo & various locations in the community • OSU Extension- Online course for Lucas County adults • ProMedica Hospitals– 3 locations in Toledo, 2 in Sylvania, 1 in Oregon • St. Luke’s Hospital • Toledo Clinic
	<p>★ Cancer Care/Coordination/Support Groups:</p> <ul style="list-style-type: none"> • The Victory Center • YMCA of Greater Toledo– 1 location in Toledo • Cancer Connection of Northwest Ohio • Center for Health & Successful Living (UT main campus) • Mercy Health- 4 locations in Toledo, 1 in Oregon, • ProMedica Hospitals- 2 locations in Toledo, 1 in Sylvania, 1 in Oregon • St. Luke’s Hospital <p>★ Tobacco Cessation Programs:</p> <ul style="list-style-type: none"> • ProMedica – 2 locations Toledo, 1 in Oregon • Mercy Health – 2 locations in Toledo • Toledo-Lucas County Health Department • YMCA of Greater Toledo - 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville • St. Luke’s Hospital <p>★ Cardiac Care/Rehab/Blood Pressure Monitoring:</p> <ul style="list-style-type: none"> • YMCA of Greater Toledo – 1 location in Toledo, 1 in Oregon • Central Park West Health Center • University of Toledo Medical Center • ProMedica – 2 locations in Toledo, 1 location in Oregon, 1 in Sylvania • St. Luke’s Hospital • Neighborhood Health Association- 1 location in Toledo • Mercy Health- 2 locations in Toledo • Neighborhood Health Association – 1 location in Toledo

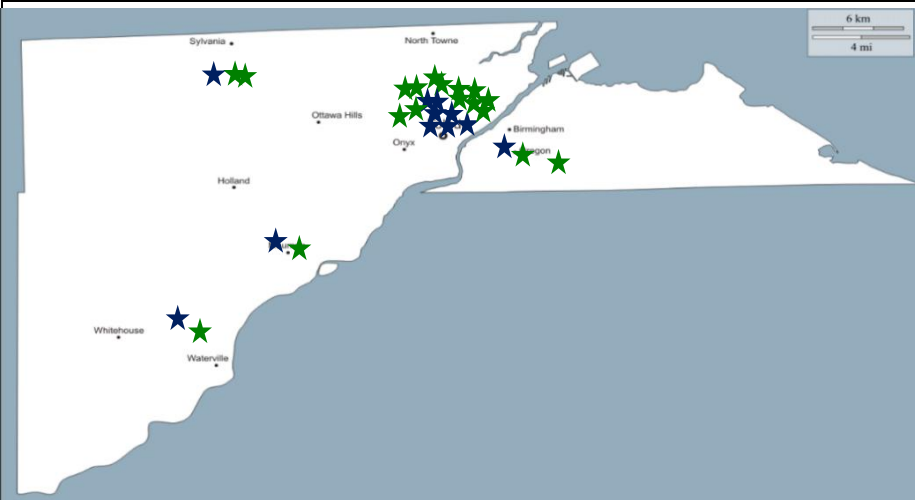
Priority #3 - Chronic Disease/Obesity, *continued*

Chronic Disease Prevention Programs (Example: diabetes education)



- ★ Diabetes Education/Prevention Programs:
 - YMCA of Greater Toledo – 1 location in Toledo, 1 in Oregon
 - Mercy Health - 4 locations in Toledo, 1 in Oregon
 - ProMedica -5 locations in Toledo, 1 in Oregon, 1 in Sylvania
 - Toledo Clinic-1 location in Toledo
 - YWCA encore program- 1 location Toledo
 - Area Office on Aging- 1 location in Toledo
 - Insurance Agencies- various locations
 - Wellness programs within businesses- various locations
 - Diabetes Youth Services- 1 location in Toledo

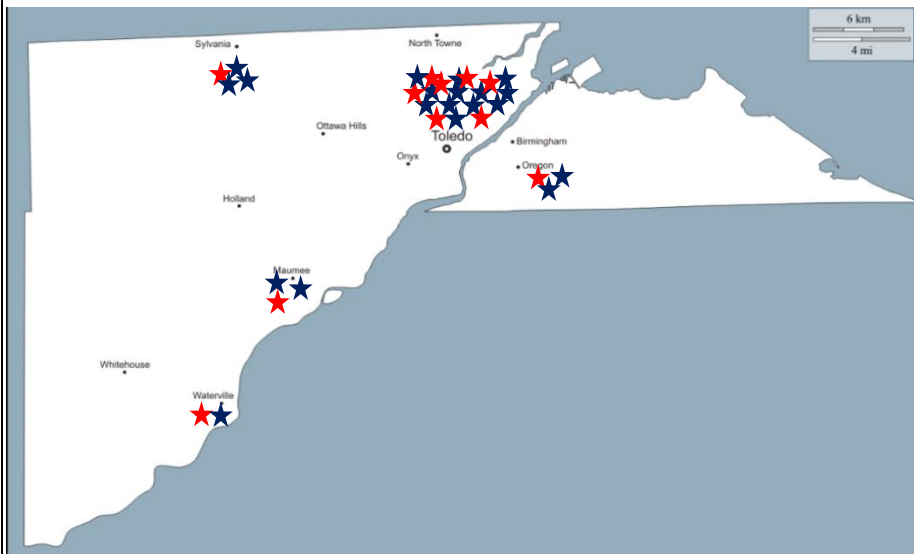
Obesity Treatment Programs (Example: bariatric survey)



- ★ Bariatrics/Weight-Management/Physical Activity Programs:
 - YMCA of Greater Toledo – 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville
 - Area Office on Aging – 1 location in Toledo
 - Mercy Health – 1 location in Toledo
 - ProMedica- 2 locations in Toledo
- ★ Nutrition Education/Food Assistance Programs:
 - YMCA of Greater Toledo – 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville
 - Area Office on Aging – 1 location in Toledo
 - United Way 2-1-1
 - OSU Extension-4 programs, offered at various locations
 - ProMedica- 5 locations in Toledo, 1 in Oregon, 1 in Sylvania
 - Mercy Health- 1 location in Toledo
 - Neighborhood Health Association via Community Partnership with Food for thought - 1 location in Toledo

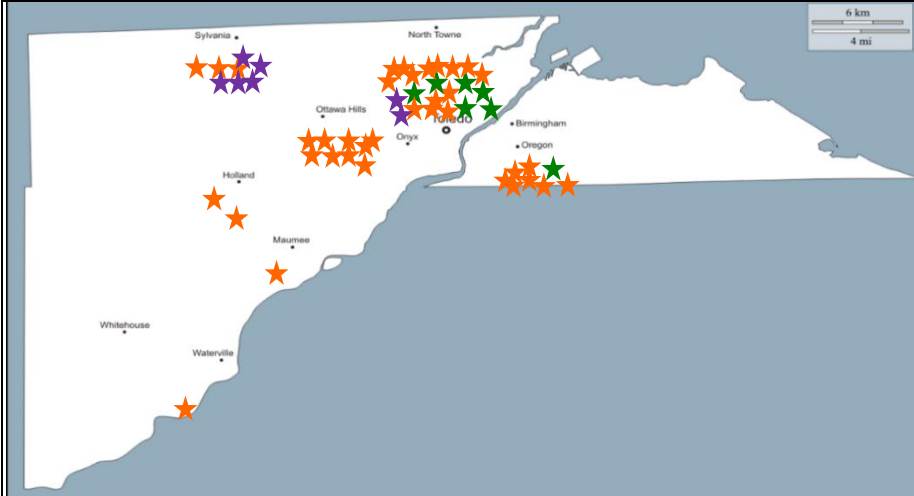
Priority #3 - Chronic Disease/Obesity, *continued*

Obesity Prevention Programs (Example: worksite wellness)



- ★ **Weight-Loss/Physical Activity Programs:**
 - YMCA of Greater Toledo – 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville
 - Area Office on Aging – 1 location in Toledo
 - ProMedica -1 location in Toledo
 - Mercy Health – 1 location in Toledo
- ★ **Nutrition Education/Worksite Wellness:**
 - ProMedica Ebeid Institute
 - ProMedica Hospitals – 5 locations in Toledo, 1 in Oregon and Sylvania
 - ProMedica Food Clinic – 1 location in Sylvania
 - YMCA of Greater Toledo – 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville
 - Mercy Health – 1 location in Toledo
 - St. Luke’s Hospital
 - OSU Extension – 1 location in Toledo
 - Area Office on Aging- 1 location in Toledo
 - C.H.W.- various locations

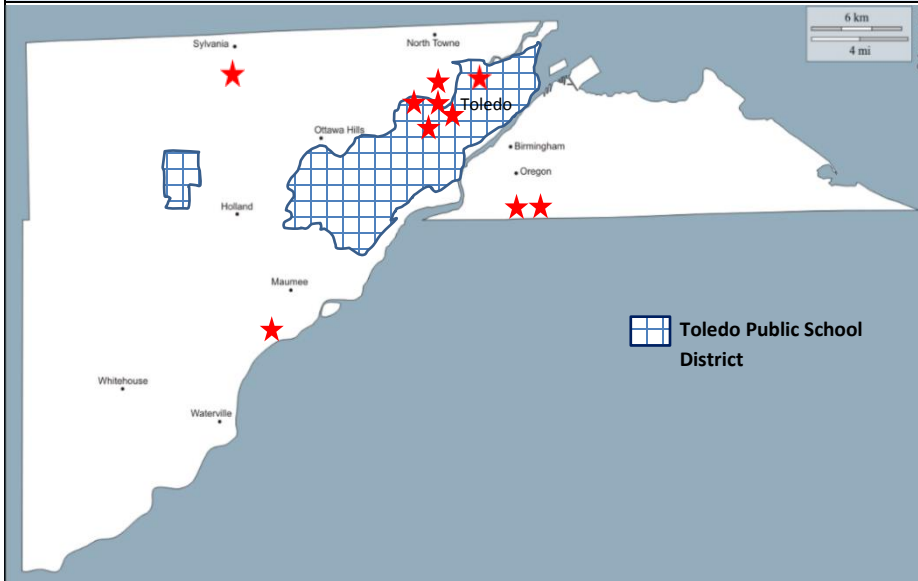
Youth Treatment & Prevention Programs (Example: nutrition education)



- ★ **Nutrition Education/Physical Activity:**
 - YMCA of Greater Toledo – 4 locations in Toledo, 1 in Oregon, 1 in Sylvania, 1 in Maumee, 1 in Waterville
 - ProMedica – 1 location in Sylvania
 - Mercy Health – TPS and Diocese of Toledo Schools
 - Super Fitness – 1 location in Toledo
 - Mobile Meals of Toledo – 1 location in Toledo
 - OSU Extension – 1 location in Toledo
 - Summer Meal Partners Summer Meals (110) sites in Toledo, (13) sites in Ottawa Hills, (12) sites in Oregon, (2) sites in Holland, (1) site in Sylvania
- ★ **Diabetes Education Programs:**
 - ProMedica – offered to schools in service area
- ★ **Tobacco Prevention Programs:**
 - ProMedica – 5 Sylvania schools, 2 Toledo Public Schools

Priority #3 - Chronic Disease/Obesity, *continued*

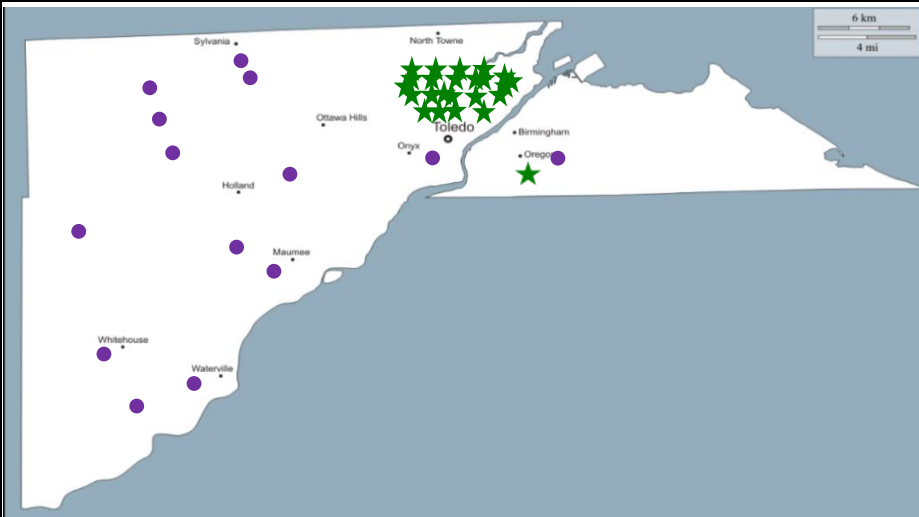
Policies (Example: Complete Streets, Safe Routes, etc.)



- ★ Live Well Greater Toledo/Toledo Metropolitan Area Council of Governments (TMACOG)/City of Toledo:
 - Complete Streets Policies Adopted By:
 - Toledo
 - Sylvania
- ★ YMCA of Greater Toledo/Live Well Greater Toledo:
 - Safe Routes to School:
 - Toledo Public Schools – 40 TPS K-8 schools
 - Oregon – completed School Travel Plan (Step 1)
 - Maumee – completed School Travel Plan (Step 1)
 - Sylvania – completed School Travel Plan (Step 1)
 - Washington Local Schools – on deck
- ★ Toledo-Lucas County Health Department:
 - Smoke Free Housing
- ★ City of Toledo:
 - City of Toledo Bike Plan
- ★ ProMedica
 - Smoke Free Campuses
 - Cafeteria, Vending and Nutrition
- ★ Mercy Health
 - Biometric measures
 - Goals set through patient visits
 - Care coordination
 - Smoke-free hiring
- ★ University of Toledo Medical Center
 - Healthy vending
 - Smoke free campus

Priority #3 - Chronic Disease/Obesity, *continued*

Environmental Factors *(Example: Healthy Corner stores, parks/trails, etc.)*



★ Built environment: (Parks, trails, accessible sidewalks, etc.)

- Live Well Greater Toledo/Toledo Metropolitan Area Council of Governments (TMACOG)/City of Toledo:
 - Complete Streets Policies Adopted By:
 - Toledo
 - Sylvania
- YMCA of Greater Toledo/Live Well Greater Toledo:
 - Safe Routes to School:
 - Toledo Public Schools – 40 TPS K-8 schools
 - Oregon – completed School Travel Plan (Step 1)
 - Maumee – completed School Travel Plan (Step 1)
 - Sylvania – completed School Travel Plan (Step 1)
 - Washington Local Schools – on deck
- Toledo-Lucas County Health Department:
 - Smoke Free Housing
- City of Toledo:
 - City of Toledo Bike Plan
- Toledo-Lucas County Health Department/ Live Well Greater Toledo/ YMCA of Greater Toledo
 - Healthy Corner Stores – 19 locations in Toledo
- Parks and Recreation Centers- various locations
- Toledo Museum of Art- 1 location in Toledo
- Mercy Health – marked indoor/outdoor walkable areas
- Silver Sneakers-13 locations in Toledo
- Malls- large walkable areas
- Lucas Metropolitan Housing
 - Smoke-free campuses
- Community Health Centers- various locations