



Executive Summary: 2015-2018 Community Health Improvement Plan

Healthy Lucas County is a collaboration of community organizations working to improve the health of all Lucas County residents. We're especially focused on addressing the needs of residents living in low-income areas and lessening health disparities to help everyone live to their fullest potential.

Findings from Healthy Lucas County's latest community health assessment are guiding our health improvement efforts into 2018. Healthy Lucas County currently is concentrating on five priority health issues in the 2015-2018 Lucas County Community Health Improvement Plan with these action steps:

Increase Healthy Weight Status

- Increase access to healthy food choices.
- Increase breastfeeding.
- Implement the Ohio Hospital Association's Healthier Hospitals initiative.
- Implement a Complete Streets policy.
- Expand Safe Routes to School.
- Initiate a community-based walking program.
- Increase nutrition/physical education materials offered to patients.

Decrease Chronic Diseases

- Increase prevention/intervention programs and access to healthcare.
- Decrease exposure to secondhand smoke.
- Increase recruitment for nurse practitioners and physician assistants.

Decrease Youth Mental Health Issues and Bullying

- Increase the number of healthcare providers screening and making referrals for adolescent depression during office visits.
- Increase early identification of mental health needs among youth.
- Increase awareness of available youth mental health services.
- Implement evidence-based bullying prevention programs.
- Increase awareness of trauma informed care.

Decrease Infant Mortality

- Increase the use of safe sleep practices.
- Increase maternal, preconception, prenatal and inter-conception health.
- Improve access to care for pregnant women.
- Increase breastfeeding practices.

Increase School Readiness

- Increase the number of children enrolled in a Head Start, Early Head Start, pre-school education or Help Me Grow program.
- Increase the number of Step Up to Quality child care programs.

